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SUN

ON NOTICE?



Lawmaker wants hotels to tell public if homeless are staying there

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SPECIAL SECTION DANCE

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Photos by Suzanne Monteverdi/QNS

Queens community members gather in a final prayer at the Aug. 15 rally.

Queens condemns hate rally in Charlottesville

BY SUZANNE MONTEVERDI
smonteverdi@qns.com / @smont76

Young leaders, politicians and Queens residents gathered in Jamaica on Tuesday night in a stand against hate.

Organized by the Queens County Young Democrats (QCYD), a group of about 20 individuals gathered at the King Manor Museum in Rufus King Park on Aug. 15 to denounce the hateful rhetoric and violence during the recent events in Charlottesville, VA.

On Aug. 11, white nationalists, Neo-Nazis and white supremacists marched on the campus of the University of Virginia. Holding up Nazi flags, torches and other symbols, protesters were seen on video chanting phrases, including, "Jews will not replace us." The group, plus more protesters, assembled the following day in the Virginia town to oppose local lawmakers' plans to remove a statue of Confederate General Robert E. Lee from a nearby park. Counter-protesters also appeared, and the scene further dissolved into chaos and violence.

At least 34 people were wounded in the clashes between protesters, according to The New York Times. One person, Heather Heyer, was killed after a car driven by a 20-year-old Ohio man plowed into a group of counter-protesters. Two state troopers also died while in a helicopter that fell to the ground while they were monitoring the rally.

Kemar Newman, co-chair of QCYD's Caucus of Color, led the rally and questioned President Donald Trump's initial response, which was criticized as being weak and unaffectioning, to the events in Charlottesville.

"I'm not quite understanding of why [President Trump] did not condemn [the rally] then, at that very moment that it had taken place,"



Newman said. "And I personally believe the reason he did this was because he did not want to upset his voter base."

QCYD President Stacey Eliuk followed, calling for "compassion" in the wake of the hate rally.

Reverend Phil Craig, who began the rally with a group prayer, said the Charlottesville events were a display of character.

"It's really not a white or black thing," Craig said. "It's a character thing. Because once you omit the character of love, then the result is racism, it's bigotry, it's violence, it's murder. All of these things put together, once you omit love."

"We have to let America know what happened in Charlottesville is not going to happen in Queens," Craig continued. "We stand here together as Bangladeshis, as Indians, as blacks, as whites, as Hispanics. We stand together as one people."

State Senator James Sanders Jr. led with a moment of silence for Heather Heyer. The lawmaker then point-



ed out, as indicated by white nationalists on blogs such as The Daily Stormer, "the worst is yet to come."

"Where this country is heading, we have to stop this place," Sanders Jr. said. "Those of us who have studied history: we know where this road goes."

Councilman I. Daneek Miller, Assemblywoman Alicia Hyndman and Deputy Borough President Melva Miller were also in attendance.

Astoria resident Rianna Young felt it was important to organize and attend the event to show solidarity and resistance.

"What happened in Charlottesville shouldn't happen anywhere," Young said. "When we see something that we don't like or don't want to see, we should be there to express that."

Kim Shannon, also an Astoria resident, felt the rally was a step in the right direction.

"I think we need to continue coming together and continue listening to each other and have more events like this," Shannon said. "Great things can happen."

Duo robs internet cafes in Flushing

Cops are looking for two armed men who swiped cash and a cellphone from internet cafes in Flushing this month.

On Aug. 7 at around 3:20 a.m., two unidentified suspects entered the CL and XYJ Inc. Internet Café, located at 140-08 Holly Ave., and approached a 24-year-old male employee. The pair then displayed a firearm and demanded cash.

The employee complied and the suspects fled the scene in an unknown direction with cash and a cellphone. There were no reported injuries.

Then, on Aug. 14, the duo entered the Star Internet Café, located at 42-08 College Point Blvd. at around 4:30 a.m. and approached a 51-year-old male employee, again displaying a firearm and demanding money.

The employee complied and the two suspects fled the scene southbound on College Point Boulevard with an undetermined amount of cash. There were no reported injuries.

The suspects are described as Hispanic males with a light complexion, between ages 18 and 25 years of age. They were last seen wearing hooded sweatshirts and dark-colored pants.

Anyone with information about the case should call 800-577-TIPS.

Suzanne Monteverdi

DEP probes Fresh Meadows pipe problems

After months of water pipe problems, Fresh Meadows residents are getting some help.

Councilman Barry S. Grodenchik and Assemblywoman Nily Rozic have the attention of the Department of Environmental Protection (DEP), which they say will begin an investigation into the water lines on 188th Street between Union Turnpike and 73rd Avenue.

The investigation is the result of what homeowners have called an unusual series of water line ruptures in recent months.

Despite the connections between the home and city sewer lines being on private property, and thus the homeowners' responsibility, the DEP will investigate based on inquiries from Grodenchik and Rozic.

The DEP will be investigating the infrastructure of the water lines, both of the homes and the city to figure out the cause of the breaks, ensure the lines are not compromised and prevent any more potential breaks.

The investigation will take place over the course of two weeks.

Justin Berglund

Pols urge parents to use safety app at parks

Two Queens lawmakers are urging parents to download an app that is meant to keep increase the safety of city parks and playgrounds.

Assemblyman Ron Kim and state Senator Jose Peralta were joined by several parents at Northern Playground in Jackson Heights on Aug. 10 to discuss ParentPatrol, an app that allows users to report and record suspicious activity in an effort to safeguard the parks. With ParentPatrol, users can report suspicious activity or inappropriate incidents to local leaders and residents. Inside the app, users can record video of suspicious activity, make reports of incidents that they've seen, and call a hotline to speak to someone about the inappropriate behavior they've witnessed.

For more information, visit www.parentpatrol.org.

Emily Davenport



Photo via Wikimedia Commons

Teens have Sept. court date for Little Neck school burglary

BY ROBERT POZARYCKI
rpozarycki@qns.com / @robbpoz

Five teenagers accused of breaking into a Catholic school in Little Neck and stealing laptop computers and tablets from a safe will be in courtroom rather than a classroom in September, police announced on Aug. 11.

Law enforcement sources said the burglary occurred sometime between 9:30 p.m. on Aug. 5 and 2 a.m. the following morning at Divine Wisdom Catholic Academy located at 45-11 245th St., near Alameda Avenue.

According to law enforcement sources, an employee of the school arrived there on Aug. 6 and discovered that an entryway into the school was unlocked. Once inside, the worker also found that the door to the computer lab had been left open.

Moments later, authorities said, the employee went into the computer lab and found that a safe where computer equipment was stored had been opened, and 50 devices — including 29 iPad tablets and 21 Chromebook laptop computers — had been removed. Police estimated the value of the stolen devices to be in excess of \$15,000.

The 111th Precinct responded to a call about the burglary, and the 111th Precinct Detective Squad launched an investigation that led to the arrest on Aug. 9 of three Little Neck residents: Juan Jimenez, 16, of 246th Place; and Amesh Sarecha, 17, and Andre Mendivil, 19, both of whom reside on 57th Drive.

The following day, Aug. 10, 111th Precinct detectives picked up two other suspects allegedly involved in the break-in: Frank Bordais, 17, of Little Neck Parkway in Little Neck and Brett Guglielmetti, 17, of 248th Street in Bellerose.

According to the criminal complaint provided by the Queens District Attorney's office, the five were seen on footage obtained from security cameras at the school allegedly entering the building empty-handed on the night of Aug. 5, then leaving the building later with each of them carrying large objects.

Deputy Inspector William McBride, commander of the 111th Precinct, noted in a post on the precinct's Twitter page on Thursday night that the stolen devices had been recovered.

Bordais, Guglielmetti, Jimenez, Mendivil and Sarecha were each charged with burglary, criminal possession of stolen property and grand larceny, according to court records. They were released without bail at arraignment and are scheduled to return to court in September.

Queens demands a safer Grand Central Pkwy.

BY SUZANNE MONTEVERDI
smonteverdi@qns.com / @smont76

After two recent fatal car accidents in the same month, lawmakers and residents are asking for the city and state to take a closer look at a major local roadway.

At an Aug. 14 press conference, Councilman Barry Grodenchik, Assemblyman David Weprin and local leaders gathered at the Grand Central Parkway's 188th Street exit to call on the New York State Department of Transportation (NYS DOT) and New York City Department of Transportation (NYC DOT) to study the roadway for ways to improve traffic safety.

The officials recently penned a letter to the commissioners of both agencies outlining their concerns and wrote to the NYPD Chief of Transportation Thomas M. Chan to request additional highway enforcement.

While allegedly driving drunk with several passengers after celebrating a wedding on July 16, a New Jersey man caused a deadly accident on the major roadway after sideswiping another vehicle along the westbound lanes of the Grand Central Parkway near the 188th Street exit. The driver, Andrew Shakespeare, then lost control of his



Photos by Suzanne Monteverdi/QNS

Mark McMillan, District Manager of Community Board 13, speaks about the dangerous roadway on Aug. 14.

vehicle and swerved across three lanes of traffic, causing a chain reaction crash.

The fatal early morning crash proceeded to cause traffic all day long, Grodenchik said. This crash, coupled with another recent fatal crash on July 27, are signs that the roadway need to be reexamined, he continued.

"This is a roadway that is almost 100 years old," Grodenchik said. "It's time to take a fresh look."

While he acknowledged he is not a traffic or engineering expert, the lawmaker's top suggestion was the installation of a jersey barrier, a concrete or

plastic barrier employed to separate lanes of traffic.

Weprin agreed that a jersey barrier is a priority.

"Certainly, we want to make sure that its very difficult, if not impossible, for someone who loses control of their car to go from one side of the highway to the other side, which of course resulted in the tragic deaths of those individuals [in the July 16 accident]," Weprin said.

"I'm here to support the jersey barriers, rumble strips and any other safety we can have in terms of traffic enforcement, so we can have safety for all of our constituents," Community Board 13 District Manager Mark McMillan said.

Kevin Forrestal, president of the Queens Civic Congress, and Michelle Shing, board member for the Holliswood Civic Association, also voiced their support for a comprehensive study.

With regards to police enforcement, Grodenchik added, the police maintains a strong presence on the nearby Clearview Expressway. He would like to see an equal presence on the Grand Central Parkway, he said.

QNS reached out to NYS DOT and NYC DOT for comment and is awaiting a response.

Couple donates to Bayside hospital to remember young daughter

BY SUZANNE MONTEVERDI
smonteverdi@qns.com / @smont76

In the wake of immense grief, two parents have found a way to commemorate their daughter's life in a big way in Bayside.

Anthony and Leah Ziniti donated \$27,000 to the St. Mary's Hospital for Children on Aug. 10 in memory of their 3-month-old daughter, Caterina Grace. The funding will be used to dedicate a special space in the facility the "Caterina Grace Room" and support the healthcare center's vital programs and services for children. The parents have also pledged to raise an additional \$23,000, which they will donate next year.

Born on Nov. 15, 2016, Caterina Grace Ziniti passed away on Feb. 27 due to respiratory failure caused by Nemaline Myopathy, a group of congenital neuromuscular disorders that cause muscle weakness, hypoventilation, swallowing dysfunction and impaired speech ability.

Considered one of the most severe muscle disorders faced by children and estimated to occur in one in 50,000 live births, the parents are working to establish the Caterina Grace Foundation: a pending nonprofit that will work to raise money and awareness to combat the condition. The recent donation to the Bayside hospital, where their



Photo via Facebook/CaterinaGraceFoundation

A group walks in honor of the Caterina Grace Foundation.

daughter received health services, was the product of the group's first charitable efforts.

"Our beautiful daughter Caterina Grace had a very brief stay on this earth but touched so many hearts. We will never know why God took our angel so soon but we are at peace knowing she is no longer suffering," Anthony and Leah Ziniti said. "We are truly blessed at the outpouring of support we have received through the Caterina Grace Foundation and are humbled to be able to share this gift with St. Mary's Hospital, a place that was so important in our beautiful daughter's fight for survival."

St. Mary's CEO Dr. Edwin Simpser said the health organization was "deeply humbled" by the contribution.

"Anthony and Leah Ziniti displayed

such strength during their daughter's illness and we are so grateful they have decided to honor Caterina Grace through a gift to St. Mary's," Simpser said. "We hope the Caterina Grace Room will be a place of comfort and healing for many families in the coming years."

Find out more about the Caterina Grace Foundation and their upcoming events on their website or Facebook page.

St. Mary's Hospital for Children, located at 29-01 216th St., is the only provider of pediatric long-term and rehabilitative care in the region. The facility provides services including intensive rehabilitation, specialized care and education to children with special needs and life-limiting conditions.



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Watch Queens Perspectives as First Lady Chirlane McCray hosts a community conversation at Queens Library!

The Town hall style forum addresses community mental health needs and substance misuse in an informal setting designed to keep the dialogue flowing. The First Lady of NYC discusses the impact of ThriveNYC - the most comprehensive mental health plan of any city or state in the nation, and highlights steps that Mayor Bill de Blasio's administration is taking to tackle the opioid crisis and save lives through HealingNYC. Go to QPTV.org to view this program online.

Chirlane McCray, First Lady of NYC, is joined by Dennis Walcott, President and C.E.O. of Queens Library, along with: Richard Buery, Deputy Mayor for Strategic Policy Initiatives (City Hall); Dr. Herminia Palacio, Deputy Mayor of Health and Human Services (City Hall); I. Daneek Miller, Council Member; Gary Belkin, Exec. Deputy Commissioner, Mental Hygiene (DOHMH); Michael Bosket, Deputy Commissioner, Customized Assistance Services (HRA); Becky Fenton, Mental Health Director, Homeless Services (DHS); Kevin Ward, Chief, Bureau of Management Analysis and Planning (NYPD); Susan Haskell, Deputy Commissioner, Youth Services (DYCD); Tobi Abramson, Director, Geriatric Mental Health (DFTA); Aysha Delany-Brumsey, Director, Behavioral Health Research (MOCJ); Dr. Scott Bloom, Director, School Mental Health Services (DOE/DOHMH); Michael Hernandez, Assistant Commissioner, Clinical Practice, Policy and Support (ACS); Levi Fishman, External Affairs, Correctional Health Services (CHS); Luke Bergmann, Assistant VP, Behavioral Health (NYCHH); Jennifer DeCarli, Assistant Commissioner, Family Justice Centers (OCDV); Darlene Brown-Williams, Assistant Commissioner, NYC Department of Veteran's Services (DVS); and John Cancel, Senior Director, Behavioral Health Services (NYCHH).



Cablecast Dates					
Day	Date	Time	Spectrum	RCN	FIOS
Tuesday	8/22/17	10:00 AM	1997	85	37
Tuesday	8/29/17	10:00 AM	1997	85	37
Tuesday	8/29/17	7:00 PM	34/1995	82	34

Channel	Channel	Channel	Channel
one	two	three	four
34 & 1995	79 & 1998	56 & 1996	1997
82	83	84	85
34	35	36	37

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Queens Kickshaw in Astoria closes for 'reinvention'



Photo courtesy of Queens Kickshaw

The Queens Kickshaw will close its doors this month but will reopen with a new menu in October.

BY ANGELA MATUA
amatua@qns.com

The beloved Astoria restaurant Queens Kickshaw, mostly known for its variety of grilled cheeses, will close its doors on Aug. 27.

In a post on its website, owners Jennifer Lim and Ben Sandler said they will close the eatery to make way for a new one in October. The restaurant first opened at 40-17 Broadway in March 2011.

The owners said they were "honored to have met so many of you, fostered lasting connections, and collaborated with local purveyors and partners."

But due to "growing business challenges" Lim and Sandler decided to remodel the restaurant and change the food and drink menu.

"The Kickshaw spirit will stay in place, though the food and beverage will change," the letter read. "We will maintain our mission of being a supportive workplace while envisioning a new gathering spot for the neighborhood."

The hours will remain the same until Aug. 27, when a closing party will take place from 6 to 11 p.m. The new restaurant will open in the same location in early October.

To raise money for the new endeavor, the owners are selling pre-opening week dinner tickets for \$35. The tickets include food, drink, tax and gratuity.

They also encourage people to sign up for their mailing list to receive information about the new restaurant as the opening date approaches.

Astoria resident starts podcast to highlight immigrant actors' stories

BY ANGELA MATUA
amatua@qns.com

An Astoria resident who moved to the United States three years ago to pursue acting has started a podcast to share the stories of other immigrants in New York City who are trying to get their big break in the industry.

Ingrid Raison, a native of France, grew up performing in a musical theater group but did not fully commit to her craft until three years ago when she moved to Astoria and enrolled at the Neighborhood Playhouse School of the Theatre.

After graduating last May and meeting other immigrants who are actors, Raison said she was inspired to start the "Actsiders" podcast to discuss not only acting but the challenges of finding success in a foreign country.

"Since then I've been confronted with the reality of the industry here," she said. "I've met some pretty amazing people who were like me — uprooted and who decided to fulfill their dreams and trying to make it in the Big Apple and I was fascinated to hear their stories, their journey, sometimes a really harsh and difficult journey."

Raison was also driven to start the product because of "the current political climate."

"With everything happening since November I think it's really important to one up and listen to immigrant stories like you and me trying to make things happen here and who are a positive asset to America and New York itself," she said.



Photo via Instagram/Actsiders

An Astoria resident and actor talks to immigrant actors on her podcast, "Actsiders."

Currently, she invites actors she has met through productions, auditions and the Neighborhood Playhouse to her house. They speak for two to three hours

about what projects they are working on, any challenges they faced and a brief section called open mike where actors can perform a monologue, play

an instrument or sing. The interview is then condensed to about 30 minutes.

So far, Raison has released six episodes where she interviewed actors from India, Ukraine, Peru, Italy, Israel and Mexico. She is also trying to expand the group of people she interviews and is "trying to move away from the Western world."

Raison profiles Ram Kanneganti, a recent NYU graduate from Hyderabad, India, about his passion for clowning and his recent project for HBO. Camila Pujol Ochoa, who was born in France but moved more than 30 times as a child, talks about her career as an actor and producer, and Anna Just, who is from Ukraine, talks about her long journey to New York and experience in the 2004 Ukrainian revolution.

She has interviews lined up with actors who are originally from Egypt and Lebanon and is planning to speak with actors who moved to New York from Asia, Africa and the Middle East. Raison hopes to also interview directors in the future and possibly work out of a professional studio.

"There are so many adjustments and different challenges that American-born [actors] maybe don't acknowledge," she said. "[My guests] are people who are resourceful, who are not waiting to see what happens, who are incredibly curious and want to share that with people."

"Actsiders" is available on iTunes, SoundCloud and Stitcher. Raison also has an accompanying blog where she summarizes her conversations.

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THE PORT AUTHORITY OF NY & NJ



New Traffic Pattern from Grand Central Parkway to LaGuardia Airport and 94th Street

A new traffic pattern takes effect for motorists traveling from Eastern Queens and Long Island to the LaGuardia Airport area. For direct access to 94th Street and Terminal B use the new Exit 6. For access to Terminals C and D only use Exit 7. Thru-traffic to Terminal B and 94th Street is not available from Exit 7.

Effective August 19, 2017:

Exit 5 WB:

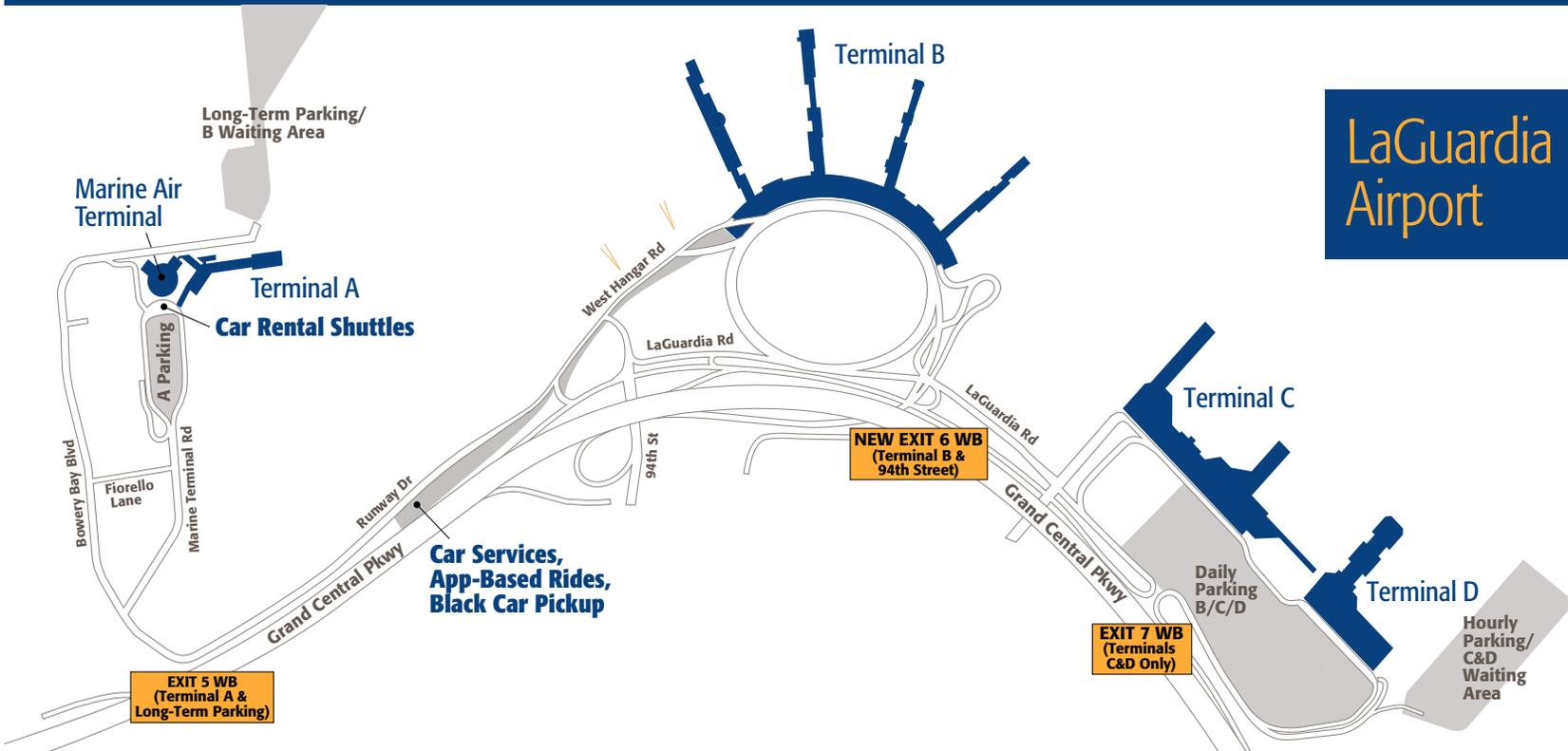
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Two more medical marijuana dispensaries slated to open in Queens

BY ANGELA MATUA
amatua@qns.com

The state Health Department has announced several steps in the last week to expand its medical marijuana program including allowing more companies to open dispensaries in the five boroughs.

Terradiol and PalliaTech NY will open dispensaries in Queens. Currently, Vireo Health of New York operates a dispensary in Elmhurst. The dispensary at 89-55 Queens Blvd. first opened in Jan. 2016.

"The New York State Department of Health is committed to growing the state's Medical Marijuana Program responsibly," said Department of Health Commissioner Dr. Howard Zucker. "The addition of these registered organizations will make it easier for patients across the state to obtain medical marijuana, improve the affordability of medical marijuana products through the introduction of new competition, and increase the variety of medical marijuana products available to patients."

In addition to expanding the number of operators, the department announced today new regulations that will allow companies to sell medical marijuana in several forms. Previously, only three forms including capsules filled with cannabis extract and coconut oil, a liquid form for those who have trouble swallowing, and a vapor form similar to electronic vaporizers were allowed.



File photo/QNS

The state Health Department is allowing two medical marijuana companies to open dispensaries in Queens.

Now, companies will be able to sell topicals such as lotions, ointments and patches, as well as solid and semi-solid products including chewable and effervescent tablets and lozenges.

State regulations only allowed those with medical marijuana cards to enter facilities but new laws will allow prospective patients to enter a facility and ask questions about the program and any products. Caregivers will also be able to

enter the dispensary with a patient.

A shorter version of the four-hour courses for practitioners to be able to certify patients for a medical marijuana license will also be offered. After consulting with doctors, the Health Department will create a two-hour program as well.

The department is also broadening the capability of medical marijuana companies to advertise their services, streamlining the manufacturing requirements

for medical marijuana products, amending security requirements and clarifying laboratory testing methods.

Currently, there are 25,736 certified patients and 1,139 registered practitioners participating in the program. The number of certified patients has increased by 10,744, or 72 percent, once the Health Department added chronic pain as a symptom eligible for medical marijuana treatment in late March.

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104th Precinct Maspeth & Middle Village



Teens vandalize headstones in Cypress Hills Cemetery in Glendale with derogatory and racial slurs

Cops are searching for a trio of teens who vandalized more than 40 headstones with offensive terms against African-Americans, Chinese and Arabic people, and the NYPD at Cypress Hills Cemetery in Glendale early Tuesday morning.

According to the police, the three suspects — described as males, approximately 16 to 19 years of age, possibly white or Hispanic with light complexions — entered the burial grounds straddling the Brooklyn/Queens border at 12:14 a.m. on Tuesday, Aug. 15.

Once inside the cemetery, law enforcement agents stated, the teens knocked over and spray painted derogatory words on more than 40 headstones.

When officers from the 104th Precinct responded to the situation, they found that the individuals used pink and bluish/purple spray paint to write hateful messages and racial slurs including “N****,” “I hate sand n****s,” “F**K NYPD,” “Ching Chong,” “F**k Jackie Chan,” and other words and scrawlings, including possible tags.

The trio also entered the memorial

Abbey mausoleum and broke the marble stones on the front of approximately 15 vaults, and spray painted more derogatory words, authorities said.

The teens can be seen on the video moving around a trash can and tossing a plastic crate as they try to gain entrance to a door. At one point, it looks as if one of the suspects injures his leg. Throughout the incident the individuals are taking pictures on their cellphones.

The NYPD’s Hate Crimes Task Force is investigating the incident as a possible hate crime.

QNS has reached out to Cypress Hills Cemetery and is awaiting comment.

Anyone with information in regards to this incident is asked to call the NYPD’s Crime Stoppers Hotline at 800-577-TIPS (8477) or for Spanish, 888-57-PISTA (74782). The public can also submit their tips by logging onto the Crime Stoppers website at or by texting their tips to 274637 (CRIMES) then enter TIP577.

All calls and messages are kept confidential.

106th Precinct Howard Beach, Ozone Park, Richmond Hill

Fight at Richmond Hill house party leaves two men injured with stab wounds

A teenager was arrested on Saturday, Aug. 12, for pulling a knife on two men



and stabbing them at a Richmond Hill house party, according to police.

Law enforcement sources said fight broke out at a home on 115th Street between Liberty and 106th avenues and involved three men: 17-year-old Michael Jaikaran and two 22-year-old males.

The three got into an altercation at about 10:20 p.m. on Aug. 12 when Jaikaran pulled out a knife and stabbed the victims in the torso, police said.

According to PIX 11, the argument started on Instagram where the brawl was coordinated with one of the men and his girlfriend’s cousin. Jaikaran was charged with second-degree assault.

The victims were taken to Jamaica Hospital in stable condition and the investigation is ongoing.

114th Precinct Astoria & Long Island City

Robber who broke a woman’s bones inside an Astoria apartment building is at large

Police are investigating a robbery that left a woman beaten in an Astoria apart-

ment building.

According to police, at 7:30 a.m. on Tuesday, Aug. 15, an unknown man followed a 35-year-old female into a residential building located within the vicinity of 31st Drive and 21st Street. The suspect entered the elevator with the woman and exited on the fifth floor with her.

Once they were off the elevator, the suspect put the victim in a chokehold and repeatedly punched her in the face. The assailant then fled the scene in an unknown direction with the victim’s credit card.

The victim was transported to NewYork-Presbyterian Hospital to be treated for several bone fractures.

The suspect is described as a black male with a dark complexion, aged 25 to 30 years old, and weighing 160 pounds. He was last seen wearing brown boots, blue jeans and a black shirt.

Anyone with information in regards to this incident is asked to call the NYPD’s Crime Stoppers Hotline at 800-577-TIPS or for Spanish 888-57-PISTA (74782). The public can also submit their tips by logging onto the Crime Stoppers Website or texting their tips to 274637 (CRIMES) then enter TIP577.

Robbery ringleader sentenced for recruiting teens to cellphone store heists in Flushing and Howard Beach

A Brooklyn man has been sentenced after orchestrating nearly a dozen cellphone store robberies spanning the course of a year, including two in Flushing and Howard Beach.

Arthur Sam, otherwise known as “16,” was sentenced on Aug. 11 to 10 years in prison. The sentence also included a term of three years of supervised release and \$304,179 in restitution.

According to the U.S. Attorney’s Office for the Eastern District of New York, the 37-year-old defendant used teenage minors, among others, to commit robberies at 11 cellphone stores in Queens and Brooklyn between April and December 2015.

The group attempted to rob a Flushing Verizon store at 191-30 Northern Blvd. on June 3, 2015 — an incident which culminated with a car chase and crash that left five people hurt — and robbed a Howard Beach AT&T store at 157-14 Cross Bay Blvd. on Dec. 8, 2015.

In each instance, Sam’s co-conspirators restrained and threatened store employees and customers by pretending to have a firearm or displaying an imitation weapon, while Sam would watch from inside his BMW sedan parked nearby. During some incidents, prosecutors said, Sam maintained contact with his crew via cellphone so he could monitor the situation.

Sam and his recruited co-conspirators stole cell phones and other store merchandise with a total value of over \$300,000 during the robberies, prosecutors said. The stolen items were then



sold to an intermediary, who sent them overseas.

Four other members of Sam’s crew who previously pleaded guilty remain to be sentenced.

“Numerous victims were made to fear for their lives as the cellphone stores where they worked were held up by these perpetrators, who simulated firearms or displayed imitation pistols,” NYPD Commissioner James O’Neill said. “I want to thank the members of the NYPD and its partners who worked to make the arrests and secure the guilty pleas in order to bring today’s sentencing.”

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City report: LIC has the largest proportion of dogs per capita

BY ANGELA MATUA
amatua@qns.com

The Economic Development Corporation took a deep dive into dog ownership across the five boroughs and found that Long Island City has the highest proportion of furry friends per capita.

According to the report, the ZIP code 11109, which consists of about five apartment tower-lined blocks along the Long Island City waterfront, made the top of the list. The study analyzed the number of licensed dogs, 85,085, in the city.

Every dog is required to be licensed by the Department of Health and Mental Hygiene (DOHMH), although about 80 percent of dogs in the city are not.

The most recent registry from the DOHMH includes licenses issued between September 2014 and February 2017

There are 180 dogs and 4,702 people living in ZIP code 11109, which translates to one dog for every 26 people. The remaining ZIP codes with the highest number of dogs per capita are on the west side of Manhattan.

The report also found that nine of the

neighborhoods with the most dogs per capita are also among the 19 neighborhoods with the highest median incomes in New York City. Long Island City has the third highest median income – \$91,745, according to the 2015 Census Bureau.

In total, there are 17,455 licensed dogs, 520 veterinarians and 23 pet stores in Queens. The city estimates that there are approximately 425,00 dogs – both licensed and unlicensed – in the city.

The study also analyzed the most popular dog names in the city. For female dogs,

they include Bella, Coco, Lola, Lucy and Daisy. For male dogs, the most popular names are Max, Charlie, Buddy, Cooper and Jack.

Not surprisingly, the most popular breeds in the city are small dogs including Yorkshire Terriers, Shih Tzus, Chihuahuas and Malteses. Labrador Retrievers are the fifth most popular breed in the city.

New York City has 85,085 licensed dogs of which 54 percent are male, 83 percent are spayed or neutered and 83 percent are vaccinated for rabies.

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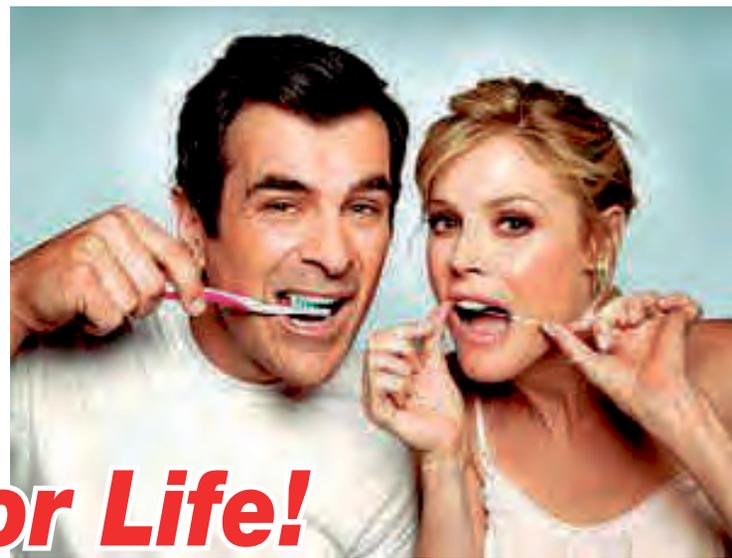
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Nearly 5 years after Sandy, vols help rebuild Jamaica woman's home

BY ANTHONY GIUDICE

agiudice@qns.com / @A_GiudiceReport

Nearly five years after Hurricane Sandy severely damaged a disabled woman's Jamaica home, some volunteers from a nonprofit group came together last week to finally fix the damage.

The renovation of Ida Williams' home at 163-18 122nd Ave. was organized by Rebuilding Together NYC, a nonprofit housing organization that provides free home repairs for low-income residents, primarily for the elderly, disabled, veterans, families with small children, and survivors of natural disasters.

"Every New Yorker deserves a safe and healthy place to live. That's why we were so excited to be go to Jamaica with a great group of volunteers from Lloyd's America to continue our rebuilding campaign in Jamaica," said Kimberly George, executive director of Rebuilding Together NYC. "Together, we're able to provide repairs and accessibility modifications for a disabled homeowner that will allow her to safely access all areas of her home."

Williams is diabetic and is recovering from a stroke and her multiple myeloma. She currently lives on the first floor of her home and finds it difficult to access all areas of the house.

Rebuilding Together NYC started this project as part of its National Rebuilding Day that marked the launch of a revitalization campaign in Jamaica.

Volunteers have already worked on



Photo courtesy of Rebuilding Together NYC

Volunteers helped renovate the home of a disabled Jamaica woman.

accessibility modifications on the first floor which added a bathing area to the bathroom on the first floor with grab-bars and a shower chair. A ramp was also installed extending from the porch into the backyard and driveway.

Workers also started mudding, taping and sanding drywall in Williams' basement, which is used for laundry and extra storage. A handheld shower and new boiler will

soon be installed next as work continues.

"I am so touched and grateful for the work that Rebuilding Together NYC and the volunteers have put into fixing my home and making it wheelchair accessible — it's a huge relief to be able move around freely and come and go as I please," Williams said. "Programs like this, which help New Yorkers in need, are vital for the city."

City has doubts about Ulrich's homeless hotel bill

BY ROBERT POZARYCKI

rpozarycki@qns.com / @robppoz

With many Queens hotels being used as makeshift homeless shelters in recent years, one local lawmaker is pushing for a new law that will require the management to inform customers if they're housing homeless people.

Councilman Eric Ulrich of Howard Beach introduced on Aug. 9 legislation known as Intro. 1682, which would mandate that hotel owners post signage on site that they're housing homeless residents, and that employees also inform paying customers of the same thing during check-in.

The Department of Homeless Services (DHS) has turned to hotels in Queens to provide shelter for the homeless as the city continues to grapple with the ongoing homelessness crisis. More than 60,000 people either sleep in shelters or on the streets every night, according to several recent reports.

One hotel in Ulrich's district, the Comfort Inn on Redding Street in Ozone Park, began housing homeless people in October of 2016, but local officials were only informed about it the following February.

"The public has a right to know whether or not that hotel or that motel is also being used as a temporary homeless shelter,"



Photo via PropertyShark/Inset file photo

Councilman Eric Ulrich wants hotels that are housing homeless people to inform its customers that they are doing so.

Ulrich said in a statement. "It is not fair to those consumers — some of whom spend upwards of \$600 a night — to be left out in the dark. There needs to be more transparency within the [DHS], which should provide accurate information to our communities, and to the more than 60 million people who visit the city each year."

Ulrich dismissed any notion that his legislation is an attack on the homeless, but he did call it "a big stick in the eye" to the mayor. The councilman, who flirted with a potential challenge to de Blasio before ultimately endorsing private investigator Bo Dietl in his independent mayoral campaign, claimed "has absolutely failed abysmally when it comes to addressing the homelessness crisis that we have in this city." Ulrich pointed out that this fiscal year, the city is spending \$2.3 billion on homeless services, nearly double the amount spent just three years ago.

A DHS spokesperson told QNS in an email that it is committed "to completely ending the use of all 360 cluster and commercial hotel sites citywide." Some commercial hotels are currently being used "as a bridge to shelter homeless New Yorkers who would otherwise be turned out into the streets." The DHS believes Ulrich's bill, if it becomes law, would "impact hotel owners' willingness to provide this crucial capacity, preventing [the city] from meeting our court-ordered obligation to provide shelter to verifiable homeless New Yorkers in need, and resulting in homeless New Yorkers having no place to go."

Meanwhile, the bill was referred to the City Council's General Welfare Committee for further examination.



Photo: Shutterstock

These private schools in Queens are among the best in the nation

BY EMILY DAVENPORT

edavenport@qns.com / @QNS

The results are in: Niche.com has released its "Best Private Schools in America" list for 2018, and it includes eight schools from the "World's Borough."

The Gramercy Patch went through the list and found that out of the top 150 schools in the country, 63 of those schools came from New York City. Of those 63 schools, eight schools from our fair borough made their way into the ranks of one of the best private schools in the nation, earning an A- or higher on Niche.com.

Four schools from Queens made it into the top 50 schools from NYC. At number 38 on the list, you'll find the Kew-Forest School in Forest Hills. Following at number 44 is the Garden School, located in Jackson Heights.

Coming up close behind at number 47 is the Razi School in Woodside. Right behind the Razi School at number 49 is The Mary Louis Academy, located in Jamaica.

As we leave the top 50, we'll find The Windsor School, located in Flushing, sitting at number 54 on the list. Right underneath The Windsor School, St. Agnes Academic School in College Point falls at number 55.

Rounding out the bottom of the list, at number 60 you'll find St. Francis Preparatory School in Fresh Meadows and Evangel Christian School in Long Island City at number 63.

According to Niche, rankings are "based on rigorous analysis of key statistics and millions of reviews from students and parents. Ranking factors include SAT/ACT scores, the quality of colleges that students consider, student-teacher ratio, private school ratings, and more."

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Patricia Adams, publisher of The Forum Newsgroup, was arrested on Aug. 16 on federal witness tampering charges.

Howard Beach weekly paper publisher tried to intimidate sex assault victim at mob's request: feds

BY ROBERT POZARYCKI

rpozarycki@qns.com
@robbpoz

Federal agents arrested on Wednesday the publisher of The Forum Newsgroup based in Howard Beach on charges that she allegedly tried to intimidate a sex assault victim's father in an effort to drop her case against a reputed mobster in the neighborhood.

Patricia Adams, 58, was booked on witness tampering charges for allegedly attempting to interfere in a sex assault case against Robert Pisani, a local business owner and reputed member of the Bonnano crime family who was indicted along with nine associates earlier this year.

According to the criminal complaint, Pisani — who had been released from federal custody on \$500,000 bail — allegedly groped a female employee and exposed himself to her at his shop, the All-American Bagel and Barista

Company at 82-51 153rd Ave., on April 28. Members of the NYPD arrested him on May 4 on charges of forcible touching, sex abuse and harassment.

The arrest prompted Acting U.S. Attorney for the Eastern District of New York Bridget Rohde to seek that Pisani's bail be revoked. After a federal judge ordered a hearing on the matter to take place on May 16, federal prosecutors said, Pisani allegedly reached out to Adams for assistance.

According to the complaint, Adams is considered a known associate of the Bonnano family and had racked up years of massive debt with them due to her gambling habits "which resulted in losses of up to \$1,500 per week." She was known to play cards regularly at an Ozone Park social club that the crime outfit controlled.

At the same time, Adams also serves as publisher of The Forum, the weekly newspaper serving numerous southern Queens neighborhoods including

Howard Beach, Broad Channel, Ozone Park, Richmond Hill and Woodhaven. Her paper had previously written favorable articles about Pisani and his bagel business, the complaint noted.

Shortly after Pisani's bail revocation hearing was scheduled, prosecutors said, Adams reached out to the sex assault victim's father and asked to meet with him. They agreed to meet on May 13 at a local Starbucks cafe.

During the 2 1/2 hour conversation that the victim's father recorded, law enforcement sources said, Adams allegedly told him that she was close with Pisani and that she was "in a position ... to have to expose the whole situation if we get to that point."

"I won't hurt you if you don't deserve — that's for my enemies," she allegedly told the victim's father. "I will not hurt you ... but in the newspaper, thoroughly, thoroughly objective ... For my good, for everybody's good — I'm hoping that she'll decide

to drop it."

She went on to allegedly tell the man that she was "on the verge of — I've been trying to get out for two years. But because of certain obligations, I'm forced to stay on. I'm kind of under their thumb." Federal agents believe she was referencing her alleged obligations to the Bonnano family.

It's not the first time Adams had a run-in with the law. She was arrested in 2014 following a dispute with a neighbor and threatened to have the police officer who arrested her fired.

Adams was scheduled to appear in federal court on Aug. 16 for arraignment on charges of tampering with a witness. If convicted, she faces up to up to 20 years behind bars.

The Courier reached out to The Forum Newsgroup and is awaiting a response.

Anthony Giudice contributed to the story.

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Queens' Korean community hopes Trump-North Korea feud won't go nuclear

BY ROBERT POZARYCKI
rpozarycki@qns.com / @robbpoz

Back away from the microphone and let the diplomats do the talking.

That was the message Queens lawmakers and representatives of the borough's Korean community publicly sent to President Donald Trump and North Korean dictator Kim Jong-Un at a Aug. 10 press conference in Flushing denouncing the escalating rhetoric between both leaders.

Assemblyman Ron Kim and Congresswoman Grace Meng led the event outside of Flushing Town Hall in which they urged the Trump administration to use diplomatic measures rather than threatening, as Trump did on Aug. 8, to unleash "fire and fury" on North Korea should the communist country — which is rapidly developing ballistic missiles that could deliver a nuclear weapon across the Pacific — launch an attack on the U.S.

North Korea then threatened to attack the U.S. territory of Guam, prompting Trump on Aug. 10 to publicly wonder if he wasn't "tough enough" with his earlier remarks.

Kim and Meng, however, believe the president has said too much — and the time had come to stop the potentially radioactive saber-rattling.

"North Korea is a rogue regime whose threats and rhetoric continue to be explosive and outrageous. President Trump's inflammatory language only further escalates tensions on the Korean peninsula, and does nothing to stabilize the region," Meng said. "His comments are irresponsible and potentially endangers the lives of South Korean citizens and U.S. personnel stationed in South Korea. We will always defend our country and our friend



Photo courtesy of Assemblyman Ron Kim

Assemblyman Ron Kim and Congresswoman Grace Meng denounced on Aug. 10 the escalating tensions between President Donald Trump and North Korean dictator Kim Jong-Un.

and ally South Korea should Kim Jong Un make good on his threats. Dialogue and diplomacy, not bombastic language or saber rattling, must be the way forward for achieving a peaceful resolution."

Assemblyman Kim noted that the president's choice of words, as with any other public official, are critical — and "can have enormous and often unforeseen

consequences." He expressed hope that a diplomatic solution could be found based on a recent meeting he had with 24 North Korean refugees at the State Capitol.

The assemblyman believes the people of North Korea desire freedom and a better life, and de-escalating the nuclear rhetoric would go a long way to helping them achieve both. Total war would the lives of

millions on the Korean peninsula at risk.

"This president's recent threats and careless rhetoric have put the lives of millions of people at risk," Assemblyman Kim added. "Countless Korean Americans, including myself, have relatives or family members who live in the Korean peninsula, and who are now in greater danger as a result of his statements."

Suozi touts bipartisan plan to 'amend, not end' Obamacare

BY SUZANNE MONTEVERDI
smonteverdi@qns.com / @smont76

Northeast Queens' voice on Capitol Hill is part of a bipartisan group presenting a new health care proposal.

Congressman Tom Suozzi, who represents sections of Whitestone, Bayside, Douglaston, Little Neck and Long Island, is the vice chair of the Problem Solvers Caucus — a bipartisan group of lawmakers on Capitol Hill. Shortly after the U.S. Senate's decision not to repeal the Affordable Care Act, or "Obamacare," without a replacement on July 27, the caucus, made up of 22 Democrats and 22 Republicans, proposed a plan of their own.

In a conference call with reporters on Aug. 14, Suozzi outlined the bipartisan proposal, which puts stabilizing the individual market and reducing premiums at



File photo

Congressman Tom Suozzi

the forefront, he said. In an "amend, don't end" approach, the plan would make cer-

tain changes without disassembling its basic foundations.

Among its five main policies, the group is proposing measures to reduce out-of-pocket costs related to deductibles and co-pays. They also propose a dedicated fund intended to be used to stabilize premiums and limit insurers' losses for providing coverage.

In a move to appease its Republican members, the group also agreed to propose the repeal of the medical device tax, which adds a 2.3 percent sales tax on medical device supplies. They also propose to change the employer mandate for businesses to provide health insurance to its employees to businesses with more than 500 employees, rather than 50. Suozzi said he has spoken to experts who "don't think [the employer mandate change] will have that much of an impact on the marketplace."

They also propose to "provide technical changes and clear guidelines" regarding state regulations, allowing insurers to sell across state lines or regionally to "create more options for consumers."

"This is not the end; this is only the beginning," Suozzi said of the ongoing conversation surrounding health care. "There are problems with the ACA, everybody knows that ... But this is a very important step."

Coverage for pre-existing conditions, for children under a parent's plan until age 26 and mental health services under the ACA would be retained, the congressman said.

"These essential health benefits will continue to be required," Suozzi said.

"The public is sick of politicians," the lawmaker closed. "They just want us to get something done ... That's what the public demands."

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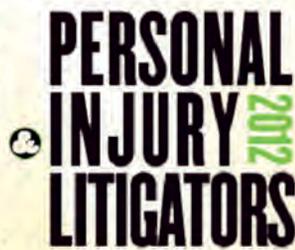
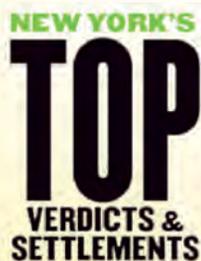
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Dragon boat fest at Flushing Meadows was a huge hit

PHOTOS BY DEAN MOSES

Thousands of people converged at Flushing Meadows Corona Park for two days of exciting racing, breathtaking entertainment and delicious food during the Hong Kong Dragon Boat Festival on the weekend of Aug. 12-13. Queens Borough President Melinda Katz led a bevy of elected officials who joined festival organizers on Saturday to kick off the festival in grand style. Throughout both days, teams of dragon boat racers competed on Willow Lake for bragging rights and, in some cases, to benefit local charities. Spectators also got to enjoy music and dance performances while, at the Food Court, indulging in all kinds of cuisine from around the world. The Queens Courier was among the event's sponsors.



TAX TIPS

LONG TERM CARE FUNDING

Protecting Wealth from the Ravages of Long Term Health Care Events



BY JOHN SAVIGNANO, CPA

As the American population ages, interest in the topic of long term care is surging. People eventually realize, albeit reluctantly, that they may require care at some point. Some, are motivated to research the topic after seeing a family member, or other loved-one, who has experienced a devastating health care event.

In addition to the financial consequences, people are concerned about the potential burdens, emotionally and otherwise, that may be placed on their spouses and children in the event of an extended health care crisis requiring long term care services. They are assessing whether and how they will be able to fund long term care services if such services are needed. When we look at numbers and statistics, it becomes clear that long term care is the most underfunded potential liability for most people. And those with significant levels of accumulated wealth are realizing that an extend-

ed long term care event can have devastating effects on their net worth.

Cost of Care. The numbers are staggering as evidenced by the following:

In NY State, for instance, the median annual cost of a private room in a nursing home is \$136,000 and around \$52,000 for a home health aid. In the NY Metropolitan area, the numbers are even higher. In Bridgeport, CT, a private nursing home room will cost \$165,168. If medical inflation is 3.5%, the cost will rise to \$232,986 in 10 years and \$328,650 in 20 years.

Solutions for Those with Assets to Protect

There is some very good news for people who are concerned about the impacts of a long term care event on their savings and investments and are seeking efficient ways of dealing with the exposures.

Traditional Long Term Care Insurance – The traditional LTC market has stabilized and the carriers who are dedicated to this space are offering policies with a menu of options that help consumers to create a policy that they are comfortable with and that they can afford. There are no longer short-pay and life-time benefit options, but the LTCi market offers very valuable

insurance for those who are seeking peace of mind. Additionally, there are favorable tax incentives. For instance, a C-Corporation that purchases tax-qualified long-term care insurance on behalf of an Employee Stockholder may deduct the premiums paid as an ordinary business expense. And, NY State provides a 20% credit for tax qualified long term care insurance premiums.

Asset-Based Hybrid Solutions – The major knocks on traditional LTC coverage include: 1) use-it-or-lose-it coverage (if you have don't require long term care services, you get no benefit) and 2) no premium guarantees. So, the industry introduced asset-based hybrid solutions (LTC coverages built on base life insurance or annuity contracts) These have been gaining in popularity and are very well suited for people 55 and older who generally have between \$1,000,000 and \$10,000,000 in assets. The benefits of an Asset-Based policy are summarized as follows:

- 1) Ability to reallocate existing, conservatively invested assets to provide leveraged protection.
- 2) Portfolio protection against catastrophic loss.

3) Guaranteed Premium – no possibility of future premium increases.

4) Death Benefit - In the event of death, a death benefit is paid.

5) Return of Premium options - The insured has the ability to ask for much or all of the premium contributions to be returned at a future date should their needs or circumstances change.

Important questions to ask when considering Long Term Care Funding Options

- If you did need Long Term Care, who would provide your care?
- What would the impact be to the care provider?
- What impact would one or more extended long term care events have on our estate and is it something we can accept?
- Can we comfortably reallocate a relatively small portion of our assets to gain the peace of mind we are seeking?

John Savignano is a partner with Savignano Accountants & Advisors located at 47-46 Vernon Blvd., Second Floor, in Long Island City. If you have any questions or require additional information, please call John at 718-707-0955.



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editorial

A united Queens will defeat bigotry

Queens prides itself as being one of the most ethnically and religiously diverse places on the planet. That is something the majority of us take pride in.

If we are honest with ourselves, however, there is a very small group of people in our fair borough who don't feel the same way. They are afraid of change, afraid of difference, afraid of people who don't look like themselves. Sadly, this group exists in varying numbers in every corner of this nation.

Such irrational fear is misguided and wrong, but when these hate-filled people band together, they have a tendency to lash out violently against those patriots who believe in justice, tolerance and diversity.

We witnessed that in Charlottesville, VA, on the weekend of Aug. 12, in which white supremacists and neo-Nazis clashed with those who came to denounce the hate being spewed in the town. One of the white supremacists then took this heinous display to a murderous level by driving his car into a crowd of counter-protesters, killing one and injuring 19 others in what many rightfully described as an act of domestic terrorism.

The incident was sickening enough. Then President Trump, a product of Queens, waited two full days to condemn white supremacists and neo-Nazis by name -- and only after a tidal wave of criticism from many sides that he didn't do so immediately after the incident. To the astonishment of the world, at a deranged Aug. 15 press conference, Trump walked back his prepared remarks the day earlier and pushed forth a false equivalency between neo-Nazis and counter-protesters.

The president's failure of leadership indeed gives the bigots the opening they've wanted to spread their hate into the mainstream. That must never be accepted or tolerated. Our nation fought a world war to defeat Nazism, and we've worked too hard over the last century to beat back intolerance in our pursuit of granting equal civil rights to every American.

Queens residents are already rising up against white supremacy, as evidenced in a protest rally held on Aug. 15 in Jamaica. Beyond organized action, however, we must all do our part to instill a tolerant and just society in our borough.

We must treat each other with respect, and if we see someone acting out to harass or intimidate someone because of who they are, we must all stand up and tell them to stand down.

Why? Because history tells us that when white supremacists know they are outnumbered by good people, they will run back into the holes out of which they crawled.



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QUEENS



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QNS THE HOT TOPIC

STORY: Taverna Kyclades, popular Greek restaurant in Astoria, will expand to Bayside

SUMMARY: Taverna Kyclades, a popular Greek restaurant with locations in Astoria and Manhattan, will be opening a new location on Bell Boulevard in Bayside.

REACH: 60,210 people (as of 8/14/17)

- 
Leslie Ng Omg !!! Gotta go get those boiled scallops
 Like · Reply · Message · August 8 at 4:15pm
- 
Bill Harvey Mike Hovsepian another loc coming, maybe we wont have to wait 3 hrs lol
 Like · Reply · Message · 1 · August 8 at 12:27pm · Edited
- 
Ka Tie Nicole Sileo it needs to expand to Long Island!!
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- 
Karen Fernandez Best Greek restaurant, hands down !
 Like · Reply · Message · 1 · August 8 at 2:03pm
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Tara Otto Diminich Lisa Sciortino - Will you come visit me more often now?
 Like · Reply · Message · 1 · August 8 at 5:32pm
- 
Lisa Sciortino Omg yay! Every other day!
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oped

Remembering the Karina Vetrano murder a year later

BY GEOFFREY CROFT

Aug. 2 marked the one-year anniversary of the senseless murder of Karina Vetrano, a woman who lost her life doing what she loved, enjoying nature and jogging in Spring Creek Park.

The killing, and the seemingly random nature and brutality of the crime, shocked the Howard Beach community and reverberated throughout the city.

The killing brought the management policy of natural areas as well as how these areas are policed sharply into public focus.

For more than five decades, area residents have complained about the impenetrable weeds that cover most of the park. Some of these weeds grow as high as 12 feet, not only creating a dangerous environment for wildfires, ticks and mosquitos, but also providing cover for humans who intend to do harm.

Those complaints have fallen on deaf ears. Most parkland in the city is made up of natural areas. The government's policy toward these areas for the most part has been do minimal maintenance if anything at all. Proper natural area management is an integral part of the success and sustainability of our park system.

Can a park be an accessory to murder? The majority of Spring Creek Park is dominated by highly invasive, non-native vegetation. There is no doubt that the lack of maintenance contributed, either directly or indirectly, to the killing.

When is a park a liability? When a community does not feel safe and scarcely utilizes it. For decades, many residents have complained about the deplorable conditions found in this severely neglected and overgrown park in what could be an oasis.

During the investigation, all of the law enforcement agencies involved acknowledged that the out-of-control vegetation was a concern.

A visit a year after the murder to the crime scene provides a chilling reminder of the conditions she faced that day. The highly aggressive phragmites, weeds that provided cover for the crime, have grown back even stronger. Invasive plants, vegetation that grows upwards of 12 feet high has completely enveloped the area.

There are plans to change that.

A large-scale, \$69 million park restoration project has been in the planning stages for several years, a plan the National Parks Service says will dramatically alter the landscape by providing enhanced security improvements through improved sight lines and access points.

The two-year construction project was expected to begin in 2017, but that has been pushed back to 2019. In the meantime, the community has to make due with the annual NPS fire prevention maintenance work.

Phil Vetrano, Karina's father, created a loving memorial to his daughter out of the jungle near where she was found. On the anniversary of her death, the Vetrano family were joined by family and friends who walked to St. Helen's Church for a moment of silence and prayer to honor "Our Angel, Karina."

It was a walk no family should have to make.

Croft is head of NYC Park Advocates, a non-profit, non-partisan watchdog group dedicated to improving NYC's public parks.



This classic photo from the Ridgewood Times archives shows the 1976 Oktoberfest parade along Myrtle Avenue in Ridgewood. The beer and food festival with the German flair was held for many years by the Greater Ridgewood Historical Society as a fundraiser to restore the Onderdonk House, the colonial Dutch farmhouse on Flushing Avenue that is now a landmark. Send us your historic photos of Queens by email to editorial@qns.com (subject: A Look Back) or mail printed pictures to A Look Back, The Queens Courier, 38-15 Bell Blvd., Bayside, NY 11361. All mailed pictures will be carefully returned to you.

QNS letters & comments

TRUMP'S TOO AFRAID OF RACISTS, READER SAYS

Hundreds of alt-right activists, neo-Nazis and white nationalist extremists descended on the small community of Charlottesville, Va., last Saturday in what may have been the largest hate-gathering of its kind in decades in the United States. One neo-Nazi plowed his car into a crowd of counter-protesters, killing one woman and seriously injuring many others, five critically. That day, Republicans and Democrats alike called it what it was: domestic terrorism by white supremacists. Everyone agreed that the blame belonged to the anti-Semitic, racist, neo-Nazis. Everyone except Trump.

The mayor of Charlottesville, Mike Signer, said it best: "I'm not going to make any bones about it. I place the blame for a lot of what you're seeing in America today at the doorstep of the White House and the people around this president."

What we have is a president who is wholly unsuited to hold the position. A president that is afraid to lose the support of neo-Nazis and racists. A president that, prior to the election, was despised by countless GOP officials

who now praise his every disgraceful action. The words "President Trump" are equally terrifying and sickening.

Robert LaRosa, Whitestone

Editor's note: President Trump did condemn white supremacists, the KKK and neo-Nazis in an Aug. 14 speech, two days after the Charlottesville incident.

PUT AN END TO THE THREAT OF NUCLEAR WAR

The hateful rhetoric between the leader of North Korea, Kim Jong-Un and President Donald Trump has many worried around the world and that includes myself. Nuclear war is not the answer to solve problems between nations, for there can be no winners.

The U.S. needs a strong stand against a military dictatorship that cares little for human life and that President Trump has done. Trump should have, though, follow the advice that Teddy Roosevelt had once given: "Speak softly and carry a big stick."

Common sense must prevail. It is time for both nations to realize what is

at stake and make an attempt to negotiate a peace before things get out of hand and millions lose their lives. As President John F. Kennedy once had said, "Mankind must put an end to war before war puts an end to mankind." Now that is a most poignant statement of truth.

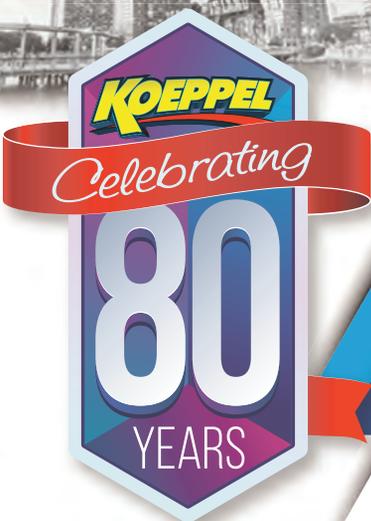
*Frederick R. Bedell Jr.,
Glen Oaks Village*

LANDLORD-TENANT DISPUTES MUST MOVE FASTER

Regarding the new city law guaranteeing lawyers for low-income tenants in disputes with their landlord: While it's a step in a right direction, it's a small step. The entire city and state administration of tenant/landlord cases needs to be drastically changed. It's still the landlords who have a very significant upper hand, and the backlog of cases is horrific.

Tenants could wait years to have their cases plod through the state Division of Housing and Community Renewal (DHCR). It's a major travesty of justice and a gross abuse of the system.

QNS member Steven Katz



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wellness

Looking for balance? Fighting fatigue? Your diet might be a place to start

Adults today are constantly searching for balance in life. While balance can be broadly defined, in simple terms it is rooted in equal proportions. The human body demands an equilibrium in order to sustain proper mental, physical and spiritual health. But, achieving balance can be difficult when everyday personal and environmental stresses (such as work, poor diet, harsh sunlight and pollution) expose the body to cell-damaging oxidative stress.

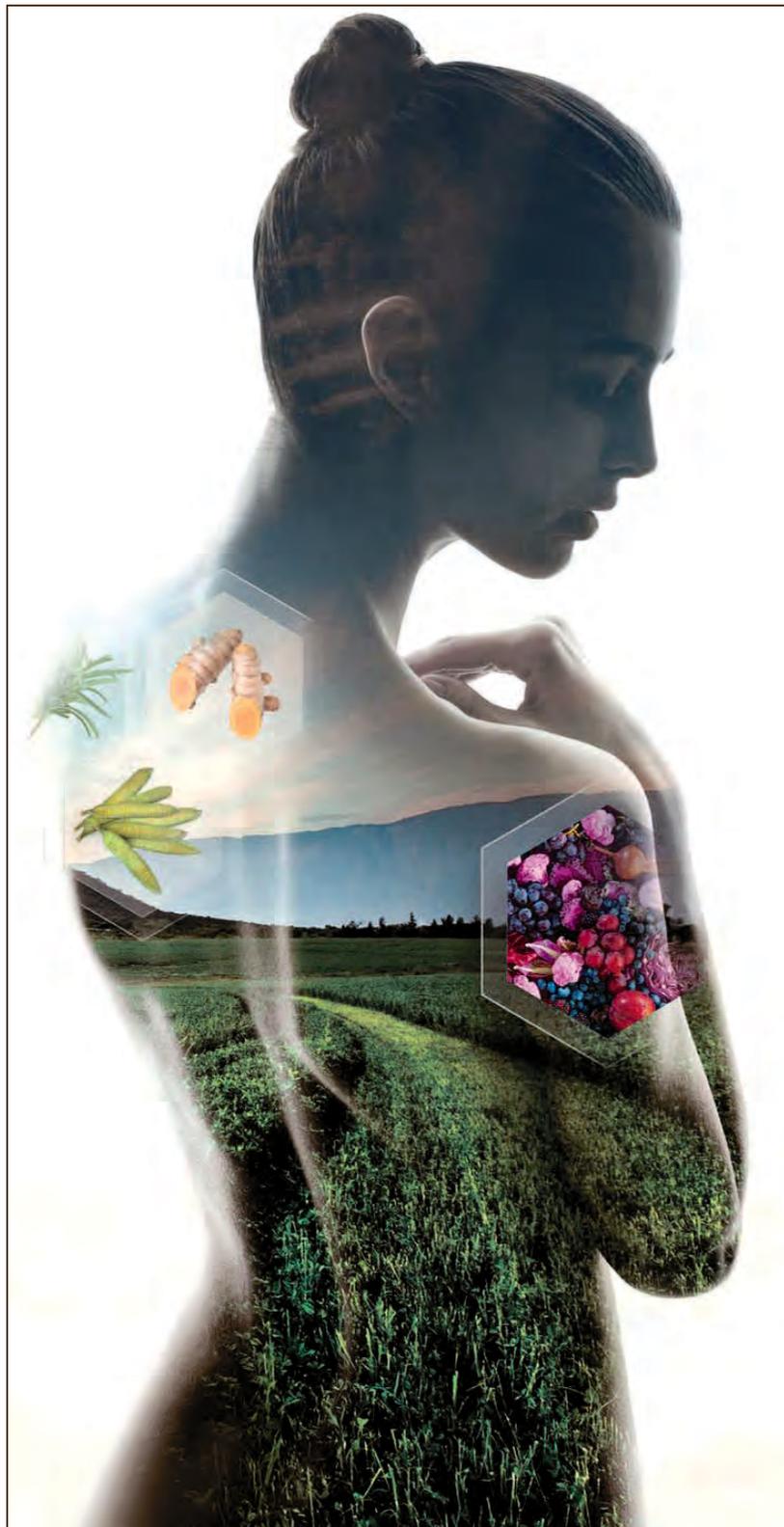
The obstacles to reaching balance are only growing due to shifting lifestyle choices. Today's adults are active and trying to cram more into a 24-hour day than ever before. In fact, fatigue is a common issue for working adults.

Meanwhile, an increasing number of adults are not getting the nutrients they need to keep their bodies properly fueled to meet the demands faced in a single day. In fact, according to a survey from Instantly, more than 53 percent of Americans skip breakfast at least once a week, while 12 percent never have breakfast at all. The World Health Organization recommends eating at least 400 grams, or five servings, of fruits and vegetables per day, but approximately 75 percent of people worldwide fail to meet that minimum recommendation, creating significant nutrient gaps.

Let's face it, it can be tough to eat a healthy and well-balanced meal morning, noon and night. For that reason alone, supplements, which fill in nutrient gaps, can ensure you get the right quantities and varieties of nutrients your body needs. Supplements are becoming a critical part of the everyday routine for those looking to do it all and still ensure optimal nutrition. When you incorporate the adequate amounts of vitamins and minerals into your diet, particularly plant-based supplements that add phytonutrients, you can easily fill nutrient gaps and achieve optimal nutrition. By following a few easy steps, you can be on the path to achieving balance.

Educate yourself on your body's needs

The first step in achieving nutritional balance is understanding the nutrients your body needs to function properly. Knowing what phytonutrients are, and the health benefits associated with them, is key. Phytonutrients are nutrients found in fruits, vegetables and other sources. They are associated with a variety of health benefits, such as eye, bone, joint and heart health, as well as supporting the immune system and brain health. Many phytonutrients are also powerful antioxidants that help fight cell-damaging free radicals.



Taking a multivitamin or multi-mineral supplement each day is a great way to fill in nutrient gaps. Amway's Nutrilite Double X, for example, is a supplement that delivers a comprehensive and balanced range of vitamins, minerals and

phytonutrients to help your body's natural antioxidant defense mechanisms fight cell-damaging free radicals and support whole body health. Nutrilite Double X contains 12 essential vitamins, 10 essential minerals and phytonutrients from 22

fruits, vegetables and herbs sourced from plants grown on Nutrilite-certified organic farms and Nutricert-certified supplier farms.

The vitamin B family is made up of eight B vitamins, each of which helps your body form energy. Your body requires a regular supply of B vitamins in order to support energy-yielding metabolism. Most importantly, B vitamins need to be taken in the right amounts and at the right times. Amway's Nutrilite Vitamin B Dual-Action supplement provides your body with an instant and extended release of B vitamins to create and sustain energy within the body. Knowing when to take vitamins and supplements and the right quantities you need is critical to achieving optimal health.

"Amway's Nutrilite Double X supplement is strategically designed to provide key vitamins, minerals and phytonutrients your body needs," said Steve Missler, Principal Research Scientist at Amway. "Together with Vitamin B Dual-Action, these two products help provide the body with the quality nutrients needed to function properly and maintain a healthy balance. However, as with all nutrition plans, it is important to consult with a medical professional or health expert to determine your specific nutritional needs."

Achieve nutrient balance

When it comes to finding the right supplement, another tip is to look for third-party verifications of product quality. Nutrilite Double X and Vitamin B Dual-Action supplements are certified by NSF International, an independent, accredited organization that conducts rigorous tests to assure consumers that products contain what is stated on the label.

It is important to ensure that the supplement you choose is also gentle on your stomach. Starting your day with a healthy breakfast along with a supplemental source of phytonutrients and B vitamins can help ensure you get optimal nutrition throughout the day.

Achieving nutrient balance and fighting fatigue do not need to be uphill battles. Coffee and energy drinks can be effective for short-term needs, but are not the solution. There are many ways to proactively supplement your diet with the nutrients you need and to help fight fatigue before it begins. Supplements are an easy, safe and effective way to ensure you get enough vitamins, minerals and phytonutrients, while also ensuring you get the right B vitamins to help fight fatigue. Jump start your day with essential phytonutrients and B vitamins and help your body endure your active life.

Courtesy BPT

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Approximately two-thirds of people in the US will experience debilitating neck pain. Neck pain usually affects all activities of daily living and even prevents person from resting properly. Living with neck pain prevents us from enjoying our hobbies and restricts us from exercising. There are times when neck pain is accompanied with shooting pain to the arms and hands and cause a person a great deal of difficulty in performing basic functions.

There is major micro and macro economical affects of neck pain both on the person and the society as a whole. The annual cost of treating this condition is in the billions of dollars. Treatment of neck pain and its related debilitation involves many layers of care from primary care physician, physical therapist/chiropractor, medical imaging, hospitalization and, in severe cases, surgery.

Although many cases of neck pain are self-limiting and with heal within 4-6 weeks after injury, in serious cases, the pain can be caused by a herniated disc or bone spur in the cervical spine, necessitating intervention via injection and/or surgery. The spine is comprised of bones which support your body, and soft/spongy tissue between the bones called intervertebral discs. The discs act as shock absorbers and also bend and flex to provide motion to the spine.

When the discs become damaged, they can displace or calcify and cause compression of the spinal cord and nerves. This can lead to numbness, tingling, and weakness in the arm, hands, and fingers.

Often, this condition can be successfully treated non-operatively with anti-inflammatory medication, and modalities such as physical therapy, chiropractic care, or cortisone injections. In refractory cases, where symptoms persist or worsen despite conservative measures, surgery can be very effective at relieving pain and returning a patient to a healthy, active lifestyle. The goal of surgery is to relieve the pressure on the affected nerves. Depending on the location and severity of the compression, often the diseased disc must be removed completely. Traditionally, the disc is removed and replaced with a static spacer or bone block and/ or plate with screws. This is referred to as a cervical fusion, as the procedure stops the motion between the bones. Although this procedure has a proven to be very effective, there are downsides. The discs above and below a fusion must now work harder to compensate, which can cause them to wear out faster. In some cases, this can lead to another fusion, which further compounds the problem.

Recently, implants have been specially designed to replace intervertebral discs and preserve motion in the neck. Studies have shown that they are just as effective as a fusion in providing relief of pain, with the added benefit of preserving motion and near normal biomechanics of the spine. This leads to less wear and tear of the other discs in the spine. This game changing technology has been embraced early at The Center for Musculoskeletal Disorders. Our surgeons have been performing a high volume of this procedure for several years, and with great results.

We have special expertise in cases where a cervical fusion has already been performed, and the disc above or below a fusion is fitted with a disc replacement rather than another fusion. The adoption of motion preserving technology in the spine is a huge step forward in the advancement of spine surgery and represents the wave of the future. Here at The Center for Musculoskeletal Disorders, we pride ourselves on being the cutting edge of surgical innovation. If you have been experiencing severe neck or radiating arm symptoms and have been recommended a fusion, there may be a better option for you. Call and come by for a consultation today.

Don't let back pain stop you from your everyday activities.



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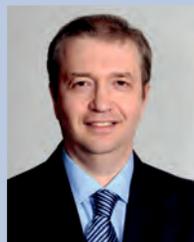
SETH D. COHEN, MD UROLOGIST

Dr. Seth D. Cohen is an Assistant Professor in the Department of Urology at NYU Langone Medical Center.

He received his medical degree from Tulane

University School of Medicine and Public Health and completed his urology residency at Lenox Hill Hospital in New York City.

Dr. Cohen provides the medical and surgical treatment of erectile problems, enlarged prostate, testosterone deficiency and kidney stones. He is also an expert in the medical and surgical treatment of male sexual dysfunction. Dr. Cohen also offers innovative, minimally-invasive solutions to erectile dysfunction, enlarged prostate and kidney stones.



BORIS KOBRINSKY, MD ONCOLOGIST/ HEMATOLOGIST

Dr. Boris Kobrinsky is Clinical Assistant Professor, Department of Medicine. He received his medical degree from Albert Einstein College of Medicine and

completed his residency and fellowship in Hematology/Oncology at NYU School of Medicine.

Now doctor Kobrinsky is serving as Medical Director of Hematology/Oncology Center at NYU Langone Ambulatory Care - Rego Park.

Dr. Kobrinsky treats gastrointestinal cancer, pancreatic cancer, colon and kidney cancer, lung and breast cancer, melanoma, bladder cancer, esophageal disorders, ovarian cancer, cancer of the soft tissue, bone cancer and much more.

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wellness

Diabetes impacts younger people more often: Are you at risk?

Every 17 seconds someone in the United States is diagnosed with diabetes. What's even more surprising is diabetes is growing fastest among younger people, outpacing the rate of heart disease, substance abuse and chronic obstructive pulmonary disease.

A new study by the Blue Cross Blue Shield Association (BCBSA) shows that the impact of diabetes continues to grow and is increasing most rapidly among those age 18 through 34. The 4.7 percent growth in diabetes impact for younger adults from 2013 through 2015 corresponds to this age group's spike in obesity rates, a key contributor to the onset of diabetes.

Diabetes ranks third in terms of its health impact nationally on quality of life and cost for the commercially insured population among the more than 200 conditions measured by the Blue Cross Blue Shield (BCBS) Health Index. The "health impact" of a specific condition reflects the prevalence and severity for that condition as well as the years of life lost due to disability and risk of premature death.

The report, "Diabetes and the Commercially Insured U.S. Population," represents an analysis of the BCBS Health Index data on diabetes, which leverages the claims of more than 40 million BCBS members.



Younger people may not be as focused on their health and many may not be aware they are at risk for diabetes at their age. The first step is to understand the risk and the next step is to take action. Type 2 diabetes is preventable with thoughtful, proactive measures.

According to the American Diabetes Association, there are many ways to lower your risk of developing diabetes, including:

Weight: Staying at a healthy weight

can help you prevent and manage problems like prediabetes, Type 2 diabetes, heart disease, high blood pressure and unhealthy cholesterol. Keep tabs on your weight by weighing yourself at least once per week. Stay active and strive to watch less than 10 hours of TV per week. Physical activity: Physical activity can do a lot for your overall health. Set your alarm to get up and stretch or walk around the house or office at least every 30 minutes throughout the day. A walk-

ing buddy or workout friend can support you while you both work toward your goals. Healthy eating: Eating healthy is one of the most important things you can do to lower your risk for Type 2 diabetes. Cut back on calories and fat in your diet. Choose lean meats, whole grains and fill half your plate with non-starchy veggies such as carrots, broccoli and green beans. Consider keeping a journal of what you eat and have fun trying new healthy recipes. Finally, speak with your doctor about any concerns you have. Your doctor is able to provide individualized insight into your risks and guide you to how you can prevent diabetes and live healthier. For more information, visit www.bcbs.com.

The Blue Cross Blue Shield Association is a national federation of 36 independent, community-based and locally operated Blue Cross Blue Shield companies that collectively provide health care coverage for one in three Americans. BCBSA provides health care insights through The Health of America Report series and the national BCBS Health Index. For more information on BCBSA and its member companies, please visit BCBS.com. We also encourage you to connect with us on Facebook, check out our videos on YouTube, follow us on Twitter and check out our blog.

Courtesy BPT

5 things parents need to know about HPV

Being a parent means looking out for your kids. When they were small it meant making sure they wore a helmet, crossed the street carefully and wore sunscreen. As they get older, the health challenges they face change. As they become adolescents, you can't always be with them, so you warn against things like the dangers of alcohol and drugs and sharing too much on social media. But what about human papillomavirus (HPV) - a virus that can cause certain cancers and diseases? Learning about health risks your children may be exposed to as adolescents or young adults that can affect them later in life is the first step toward helping to protect them.

You may have heard about HPV, but you may not be aware of the impact it may have. As your children become adolescents it's more important than ever to be their health advocate and learn about potential future health concerns, including HPV.

Here are five HPV facts for parents:

1. HPV is more common than you may think. According to the Centers for Disease Control and Prevention (CDC), about 79 million Americans are currently infected with HPV, and there are approx-



imately 14 million new HPV infections in the United States each year. Half of these infections occur in people ages 15-24. For most, HPV clears on its own. But for others who don't clear certain types, HPV can cause significant consequences in both males and females.

2. When HPV does not clear, it can cause certain pre-cancers, cancers and

other diseases. These can develop very slowly and may not even be diagnosed until years later. There's no way to predict who will or won't clear the virus.

3. You may have only heard of HPV as a cause of cervical cancer in women, but there are other HPV-related diseases that can affect males, as well as females. Certain types of HPV cause cervical, vag-

inal and vulvar pre-cancers and cancers in females and other HPV types cause genital warts and anal cancer in males and females.

4. HPV often has no visible signs or symptoms, so many people are not even aware that they have it. This means people can pass on HPV without knowing it. It may take only one sexual encounter to be infected with HPV. HPV can be transmitted through experimentation that involves genital contact of any kind - intercourse is not necessary but is the most common.

5. You may think it's too soon to worry about how HPV could affect your son or daughter, but the best time to get the facts about HPV is before they may be exposed.

As a parent you never stop looking out for your kids, and the more we learn about health risks for our children, the more we can do to help protect them as they grow up. Take action now, while you are still managing your adolescent's health care. Speak with your child's doctor for more information and be sure to ask about ways to help prevent HPV-related cancers and diseases, including vaccination.

Courtesy BPT

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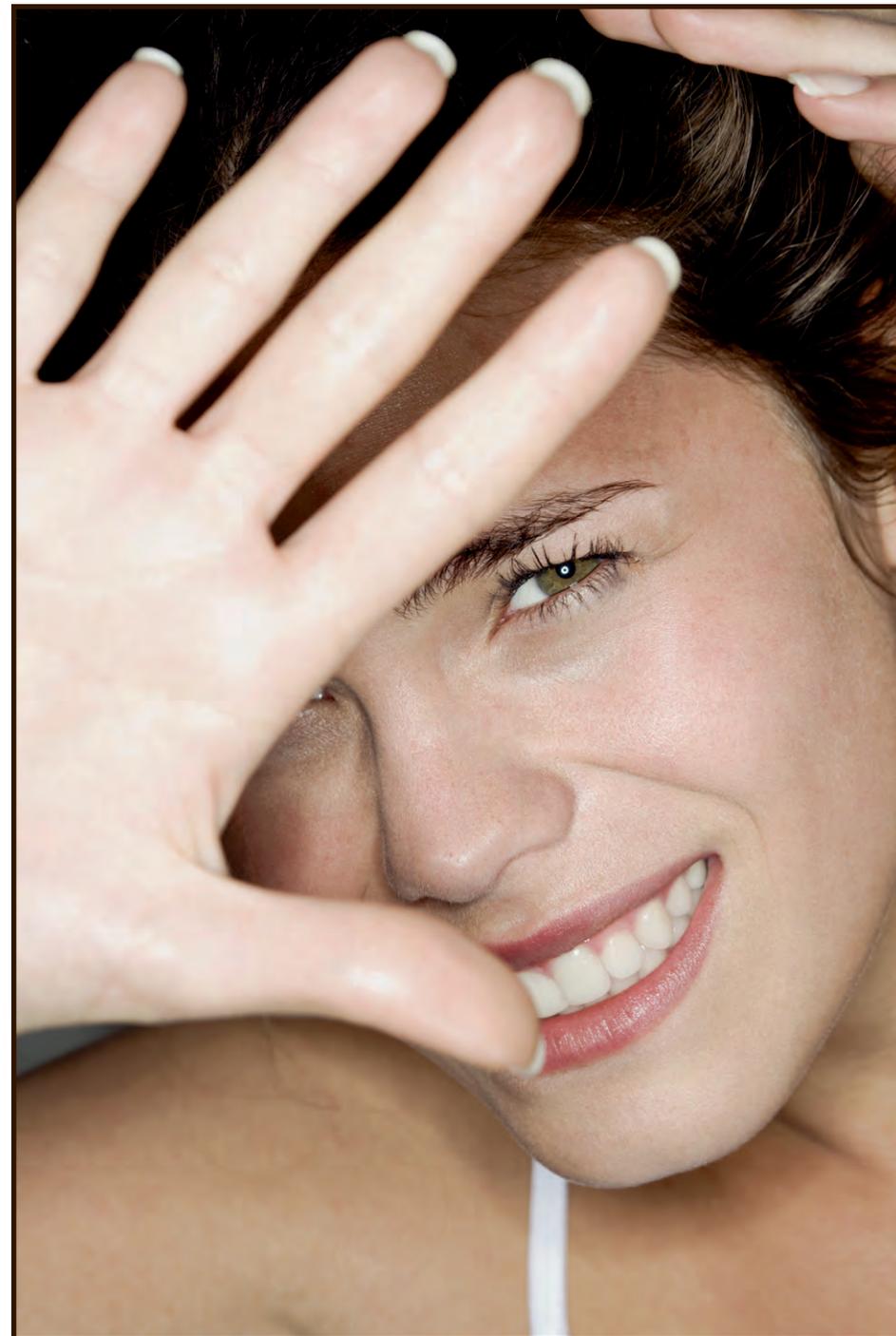
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Dr. Mark Schwartz is the only triple board certified vein specialist in the state of New York. He holds certifications in General Surgery, Vascular Surgery and Phlebology (the study of veins).

Infant graduates from LIJ Forest Hills NICU with honors in breastfeeding

Long Island Jewish Forest Hills Hospital's award-winning breastfeeding program held a graduation ceremony to honor 1-month-old Mason Wheeler, who spent the early part of July in the hospital's neonatal intensive care unit.

Dressed in a baby-blue cap and gown and accompanied by his proud parents, Benjamin and Gabrielle Wheeler of Astoria, Mason received a diploma with special honors in breastfeeding. The achievement was hard-earned because both mother and son had a difficult birth.

Gabrielle, who wanted to deliver naturally, spent 39 hours in labor. Due to complications with asthma, she underwent a C-section instead. Mason wound up in the NICU for six days with fluid in his lungs and rapid breathing.

Because of Gabrielle's surgery, it was difficult for her to hold and visit Mason until the next day. The nurses provided her with a breast pump and encouraged the first-time mom to express milk for him. At first, all she could get were drops. The NICU nurses attempted to feed Mason but he kept spitting up.

Gabrielle was determined to breastfeed. She learned that breast milk was best for her son at a prenatal class offered at LIJ Forest Hills and from her own research.

"Breastfeeding is not a new option, it is a forgotten option and we here at LIJ Forest Hills are working to change that by educating the community on its benefits," said Orlando Santandreu, MD, vice chairman of obstetrics and gynecology at the hospital.

When the new mom went to the NICU, she was nervous that breastfeeding wouldn't work. With the help of the NICU staff, especially Lorraine Munoz, lactation coordinator at the hospital, Mason was able to latch and breastfeed.

"There are so many benefits to breastfeeding. Breast milk contains numerous antibodies and immunoglobins, which helps prevent infections in infants. Breastfed babies are less likely to have ear infections, respiratory illness, and digestive issues. For mothers, breast feeding may reduce their risk of acquiring diabetes," said Jennifer Kurtz, DO, chief of neonatology at LIJ Forest Hills. "Breast milk is convenient, and cost effective. And most importantly, it's an amazing way for mothers and babies to bond."

Now weighing in at a hearty 11 pounds, Mason is a prime example of why LIJ Forest Hills was recently named a Baby Friendly hospital – a global designation through UNICEF and the World



Health Organization – for their dedication to improving breast feeding rates while encouraging mother-infant bonding. There are only 22 hospitals in New York State that have earned the Baby Friendly distinction.

"Mason is doing great," said Gabrielle, who was all smiles during the August 4 graduation ceremony. "Most babies lose weight in the beginning but he has gained weight and I think that's because of the breast milk."

Main Street Radiology Celebrates 12 Years in the Downtown Flushing Community

Main Street Radiology welcomes Congresswoman Grace Meng to tour the Downtown Flushing Facility and observe the new state of the art Women's Imaging Center and plans for further expansion.

Located at 136-25 37th ave in Flushing, Main Street Radiology occupies four floors to accommodate the 500 plus patients seen on a daily basis. This month office manager Angela Siu, along with over 50 employees will celebrate 12 years of dedication and commitment to one of the largest and fastest growing Chinese communities in Queens.

Main Street Radiology is an incredible asset to the community providing the highest quality care with the best equipment including the Genius 3D Tomosynthesis Mammography and Biopsy machine. With this enhanced technology they capture and detect early stage breast cancer by more than 40%, ultimately increasing the patients survival rate.

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the Gold Seal in nine separate areas including MRI, CT, Stereotactic Breast Biopsy, PET Scan and Ultrasounds.

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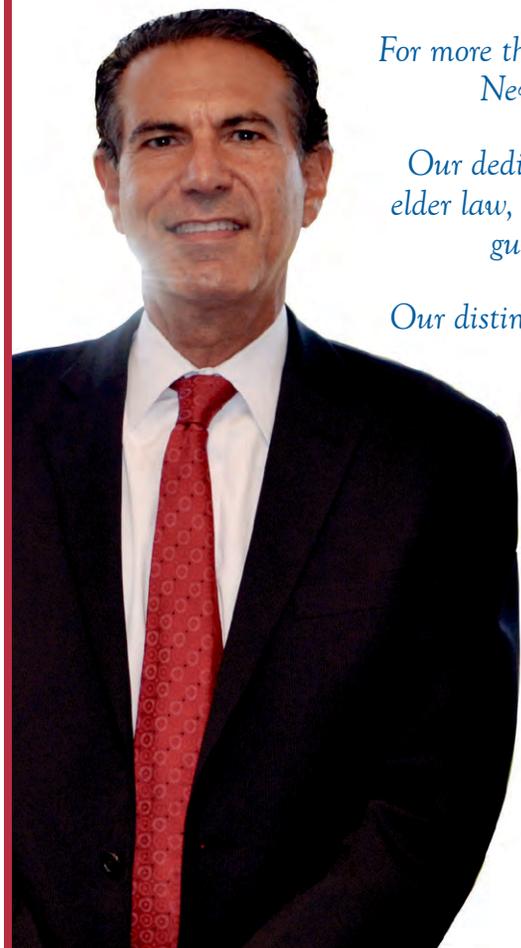
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wellness

Teaching parents the importance of safe baby sleep in Elmhurst

NYC Health + Hospitals/Elmhurst is the first hospital in Queens, and only the second in New York City, to receive "Gold" recognition—the highest award of Cribs for Kids® National Safe Sleep Hospital Certification Program—for its commitment to best practices and education on infant safe sleep, it was announced.

Only six hospitals citywide are recognized at any level through the program, five of which are part of the city's public health system.

The National Safe Sleep Hospital Certification Program was created by Cribs for Kids®, a Pittsburgh-based organization dedicated to preventing infant, sleep-related deaths due to accidental suffocation. In addition to being Cribs for Kids® partners, NYC Health + Hospitals/Elmhurst was recognized for following the safe sleep guidelines recommended by the American Academy of Pediatrics, and providing training programs for parents, staff, and the community. The hospital's community outreach includes hosting health fairs, a lecture series, and Lamaze and breastfeeding classes, as well as participating in partnerships with various community-based organizations to provide Safe Sleep educational materials.

"We are enormously grateful to the Cribs for Kids Safe Sleep Hospital Certification Program for partnering



NYC Health + Hospitals/Elmhurst is the first hospital in Queens, and only the second in New York City, to receive "Gold" recognition—the highest award of Cribs for Kids® National Safe Sleep Hospital Certification Program—for its commitment to best practices and education on infant safe sleep.

with our Pediatrics Department to promote infant safety and reduce sleep-related infant deaths in our community," said NYC Health + Hospitals/Elmhurst CEO Israel Rocha. "We are committed to expanding our outreach to parents and other caregivers regarding safe sleep practices and the many other ways we can help keep children healthy and thriving as they grow."

"Our nurses and hospital leadership deserve enormous credit for their collaborative work to implement this program at Elmhurst," said Dr. Randi Wasserman, NYC Health + Hospitals/Elmhurst's

Director of Pediatrics. "Through their diligent efforts, we have been able to thoroughly integrate safe sleep practices into our patient education and community outreach efforts and serve as a resource for newborns and their families even after they leave the hospital."

"Sleep-related death results in the loss of more than 3,500 infants every year in the U.S.," said Michael H. Goodstein, MD, neonatologist and medical director of research at Cribs for Kids®. "We know that consistent education can have a profound effect on infant mortality, and this program is designed to encourage safe

sleep education and to recognize those hospitals that are taking an active role in reducing these preventable deaths."

In New York City, sleep-related injuries remained one of the leading causes of death among infants, with 40 deaths in 2014 and 48 deaths in 2015 at a combined rate of 36.1 per 100,000 live births for 2014-2015.

The National Safe Sleep Hospital Certification Program was created in partnership with leading infant health and safety organizations such as All Baby & Child, The National Center for the Review & Prevention of Child Deaths, Association of SIDS and Infant Mortality Programs, Kids In Danger, Children's Safety Network, American SIDS Institute, Charlie's Kids, CJ Foundation for SIDS, and numerous state American Academy of Pediatric chapters and health departments.

The other New York City public health system facilities that are Safe Sleep-certified by Cribs for Kids® are NYC Health + Hospitals/Coney Island (Gold), NYC Health + Hospitals/Harlem (Bronze), NYC Health + Hospitals/Metropolitan (Bronze), and NYC Health + Hospitals/Woodhull (Bronze). Before the new Gold certification, NYC Health + Hospitals/Elmhurst was the only hospital in New York City to hold Silver certification.

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at home

Tricks to customize a kitchen on a budget

Who wouldn't want a kitchen customized to meet their specific tastes and needs? A complete kitchen renovation can cost tens of thousands of dollars, but you don't have to spend a bundle to achieve a custom effect. A few modest investments can help make your kitchen work well and look great.

Here are ways to affordably customize your kitchen:

Get creative with cabinets

Completely replacing cabinets can be costly, but it's possible to create a custom look with the cabinets you already have. Customization tricks to try:

- Paint cabinets a trendy color, like dark blue. Or, paint one set of cabinets, such as those under an island, a different color.
- Remove the doors from one cupboard to create an open effect where you can display prized showpieces. Further accent the look by painting the back of the cupboard a contrasting color.
- Replace dated or dull hardware with drawer pulls and knobs that speak to your personal design tastes. For example, if you love a vintage look, replace metal hardware with glass or ceramic knobs.

Freshen up the faucet

Cabinet hardware isn't the only "jewelry" in the kitchen. The faucet can also be a design focal point that looks as good as it works. If yours is old, basic or just not to your taste, replacing the kitchen faucet with a newer model that speaks to your style can help affordably reinvent the entire room. Plus, a new faucet can provide functions and features that will make your kitchen more usable.

For example, the Tournant faucet by Kohler combines traditional design with modern industrial elements, so it works well with a variety of kitchen design themes. A three-function, pull-down



spray head lets you put the water exactly where you need it, while a special BerrySoft setting is gentle enough for washing fruits and vegetables.

If a more vintage look appeals to you, Kohler has recently added a bridge model faucet to its popular Artifacts line. Reminiscent of turn-of-the-century

kitchen and bar faucets, the deck-mounted bridge faucet works with either lever or six-prong handles for temperature controls, and features a dual-function side-spray. Visit www.us.kohler.com to learn more.

Enliven your lighting

Good light is essential for a kitchen to function well, but it's common for kitchens to have just one overhead light and maybe a pendant or two over a breakfast bar. Replacing dated fixtures with newer ones that suit your personal style is easy, but what can you do if you want more light without the expense of paying someone to install additional wiring?

- Replace a standard ceiling light with track lights. They require no additional wiring and you can position lights along the track to put illumination where you want it.
- Install under-cabinet lights that can easily plug into an existing counter-level electrical outlet.
- Place a swing-arm task lamp over work areas, so you can aim light where you need it most while working. The lamp can easily plug into a wall outlet.

Accentuate accessories

Accessories are the finishing touch of personalization in any room, including

the kitchen. However, since the kitchen needs to be high-functioning, look for ways to accessorize that also enhance your kitchen's ability to work for you.

- Every kitchen has small appliances that get regular use, such as toasters, food processors, blenders, etc. If your toaster sits out on the counter, why not turn it into part of the design theme by selecting an appliance in a bright color to match your decor?
- A matching set of potholders or dish towels hung from a hook beneath a cabinet or on the side of a cupboard not only puts a much-needed item close at hand, they can add decorative flare.
- Place a bright, cheerful area rug in front of the sink or prep area. The rug will not only perk up the space, it helps cushion your joints while you stand in one spot working.
- A pot rack above an island provides much-needed storage space for large pots and pans, while adding a homey touch to the kitchen.

Customizing a kitchen doesn't have to be costly or require you to sacrifice any functionality. With a few smart updates, you can cost-effectively create the personalized kitchen of your dreams.

Courtesy BPT



at home

Upcoming home improvement? How to navigate big purchases and make wise decisions

Are you planning an upcoming home improvement? If so, you are not alone.

Higher-than-average renovation spending is expected in 2017, according to a leading consumer magazine, with more than half of homeowners planning to spend money on home improvements throughout the year.

From upgrading appliances to gutting entire rooms, big projects can have a big impact on a home and on your wallet, so it's important to approach any renovation with thoughtful intention.

To ensure you make the right decisions when it comes to large purchases and major home improvements, ask yourself these five questions:

How long do you plan to live in the home?

Knowing how long you expect to live in your home can help you better navigate home improvements. If you only plan to live in your home for five years you'll likely make different decisions than if it is your forever home.

What is your budget?

Home upgrades don't come cheap, so it's helpful to determine a budget before you start. Consider renovations and upgrades as a smart way to maintain your home investment. By putting money into your home, you are helping maintain its integrity, style, usefulness and value.



When setting a budget, you can pay out of pocket or take out a personal or home equity loan. Additionally, some companies offer low-interest financing. If you plan to borrow for your project, make sure you clearly understand and are comfortable with payment terms.

Once you set a budget, stick to it. Problems may arise that require unexpected additional costs, but often budget blowouts are from homeowners who start spending and the excitement of the project causes them to go beyond their means.

What purchases are worth the splurge?

Research and decide which purchases are worth spending more on. For example, appliances used nearly every day are a worthwhile investment - especially if they are more energy efficient and offer fea-

tures that enhance your day-to-day routine. Rather than getting a basic washer, opt for the LG TWINWash(TM) 2-in-1 washer. It can run two loads at once, saving homeowners time and energy.

LG TWINWash combines any Energy Star(R)-certified LG front load washer - including the largest capacity on the market (at 5.8 cu. ft., it's large enough to fit a full set of king-size bedding and a comforter) - with a second washer, the LG SideKick(TM). This smaller washer sits in place of the pedestal, and washes 3-4 lbs. of clothes, making it perfect for custom-care items.

Owners of LG washers can also decide to upgrade their existing front load washer from 2009 on with the LG SideKick instead of purchasing a new one - making a big upgrade simple.

Bottom line: Make sure your purchase

improves your daily life and is proven to last. (For example, LG washers and dryers were recently named the most reliable in all laundry categories by a leading U.S. consumer products publication).

What is the ROI?

The return on investment should be considered in many ways for home improvements. First, check out reputable reports like the Remodeling Cost vs. Value Report. For example, adding fiberglass attic insulation recoups 107.7 percent of the cost.

In addition to resale ROI, consider other ways you'll get a return on your investment. Will your upgrade help you save energy and reduce your bills? Will it save you time and stress in daily life? Does it enhance your home's aesthetic and flow? These are other ROIs that are just as valuable to consider as resale ROI.

What does the research say?

It's worth your time to conduct research so you get the best outcome possible. Learn about materials to discover which is best for your lifestyle and research brands. If you're hiring the project out, research contractors to find a reputable professional for the job.

Starting a home improvement project is exciting. Answering these questions will help ensure your time and financial investment are well spent.

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► at home



DIY done simple: 5 projects you can tackle in a weekend

This time of year was made for DIY projects. The weather is perfect, the projects have mounted, you've got the time and the motivation. Now if only you had the budget.

Not to worry, DIY doesn't have to be synonymous with expensive! There are plenty of impactful DIY projects that can be tackled quickly and affordably in just a single weekend. Below is a list of five projects that you can use to scratch that project itch without putting a noticeable dent in your wallet.

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You can scratch that DIY itch without a month-long commitment or completely draining your bank account. All you have to do is pick the projects that match your budget, your time frame and your goals, and get to work. And when they're done, you'll have the rest of the season to enjoy your new and improved home. To find more simple projects you can tackle with GREAT STUFF(TM) Insulating Foam Sealant, visit greatstuff.dow.com.

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10 easy DIY home improvement projects for beginners

You don't have to be a pro to tackle many home improvement projects. With a little elbow grease and a few smart tools, DIY novices can easily complete all kinds of household tasks efficiently and correctly.

Here are 10 common DIY projects for beginners that any homeowner (or apartment dweller) can learn to do. Not only will your house look great, but you'll feel a great sense of pride too.

1. Install a kitchen backsplash: You don't need to learn how to cut and install tile. Instead, add a stylish backsplash by using inexpensive alternative materials such as tin ceiling tiles, wooden bead-board or wallpaper.

2. Loosen rusty bolts: For stubborn nuts and bolts, reach for a Bernzomatic TS3500 Multi-Use Torch. This easy-to-use tool empowers all levels of DIYers and can be used for dozens of tasks. For this one, simply heat up the bolt to loos-

en the rust, then turn with a wrench to remove. Discover more torch project ideas at Bernzomatic.com.

3. Conceal wall blemishes: From nail holes to furniture bumps, repair wall blemishes by using a putty knife to spread a resurfacing compound. For larger dings, you can use an adhesive patch and add an all-purpose drywall compound with a trowel. Allow to dry, then sand and repaint.

4. Give furniture a vintage look: The rustic look is "in," but rather than splurge on trendy furniture, get the same look for less money and have fun creating it yourself. Add an aged look to wooden furniture such as patio sets or console tables, or decor items like picture frames using a torched patina effect. The Bernzomatic TS3500 Multi-Use Torch provides ultimate control for steady strokes back and forth on raw wood to bring out the natural wood grain without having to apply a stain. It only takes seconds.

5. Create a perfect patio: If you want a new patio, but don't want to deal with mortar, consider flagstone. These flat stones fit together like puzzle pieces so you can create a small patio, meditation garden or reading nook virtually anywhere in your yard.

6. Repair equipment: Need to repair the grips on your bike, tennis racket or hockey sticks? When you want to regrip them, take off the old grip and use a torch to soften the adhesive to make it easier to remove the old grip. Simply add new grips around the now adhesive-free surfaces.

7. Eliminate picture-hanging snafus: When hanging small pictures, put masking tape on the wall before hammering or drilling. This will help ensure the wall or paint doesn't crack. Additionally, place a folded sticky note on the wall before drilling and it will catch all the dust.

8. Spruce up landscaping beds: If your

landscaping is looking drab, mulch is an affordable way to limit weeds and protect plants while making the space more visually appealing. Use cut outs of landscaping fabric to line the beds before spreading mulch evenly on top. Quick trick: use a torch to singe the ends of the fabric to keep it from fraying.

9. Replace outlet plates: Faded or dated outlet plates can make an entire room look old. Update your space by installing new covers. For little cost, you can buy new plates and all you have to do is use a Phillips or flat-head screwdriver to swap out the old for new.

10. Evoke elegance with crown molding: High-end homes often feature crown molding where the wall meets the ceiling. To get the look for less, purchase foam crown molding from your local home improvement store, paint and install with foam-board adhesive. No nails required!

Courtesy BPT

► at home

Rethinking bathroom design

As homeowners begin to dream up plans to update their kitchens and bathrooms, they can spend hours searching for inspiration on the web or one of the many home renovation television shows. There's no shortage of beautiful ideas and designs out there, but before you make any decision, you should start with the crucial question: What is it I really want?

A recent study conducted by the home design website Houzz found that the two things homeowners want most for their bathroom are style and ease of cleaning. In effect, people want their bathrooms to exhibit both function and design.

Of course, there are the conventional bathroom remodel options, such as a new faucet, countertop or shower fixture, all of which can be stunning and transform not just your bathroom but your house. But the most commonly used bathroom component is often the most overlooked: the toilet.

Eighty-three percent of Americans claim there's something they want to improve upon with their toilets, according to a survey by Kohler. The question is what.

This statistic should give homeowners pause and invite them to think beyond the conventional bathroom remodeling ideas and re-imagine the possibilities.

Comfort, hygiene and style

Travelers returning from Italy, Spain, Argentina and Japan often rave about the unexpected luxury of using a bidet. While popular in many other countries, bidets are only just now catching on in the United States, moving from high-end luxury bathrooms and hospi-

tals (where they're used for their superior hygiene) into household bathrooms across America.

As the leading manufacturer of modern bidets, Kohler has been working to incorporate the trifecta of comfort, hygiene and style into their intelligent toilets.

Built directly into an ergonomically shaped toilet seat, a stainless-steel bidet wand offers adjustable water temperature, pressure, position and shape, along with pulsating and oscillating functions to maximize the comfort of the experience.

But that's not all. To better introduce Americans to the international phenomenon of bidets, Kohler's intelligent toilets feature a heated seat, warm air dryer and added sanitary features such as hands-free flushing and a deodorizing seat.

A redefined bathroom

Equipped with smart technology that allows a person to fully customize their experience, such ultra-modern bidets may change how Americans go to the bathroom - but only if the look is right.

Consumers are not willing to sacrifice design for functionality; they want it all. For anyone who has used or seen a Veil Intelligent Toilet, it's evident that the same exacting standards it brings to cleanliness and hygiene go into its crisp, clean look.

A recent survey by Kohler suggests 33 percent of homeowners would be excited to upgrade their toilets. With this latest generation of toilets and bidets, it's likely that more people will want to redefine their bathroom with these stunning new options.

Courtesy BPT



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At General Woodworking, customers can construct their perfect home with the finest materials all available at affordable prices. "We give special attention to our customers," said owner Simon Viner, who has been in the business for 35 years. "This business is a family thing - I got it from my father and brothers."

Located at 182-12 Union Turnpike in Fresh Meadows for the past 15 years, General Woodworking is a full construction business specializing in kitchen and bath. They offer customers a wide selection of everything from custom-made kitchen cabinets to bathroom vanities. The family-owned business also specializes in European cabinets, which Viner said gives customers a "different" feel of elegance and beauty.

In addition to full construction projects, General Woodworking also offers refacing services for customers hoping to revamp their cabinets at a lower cost without the inconvenience of removing and replacing existing cabinets.

"This way you go from an old kitchen to an almost new kitchen," said Viner. "This is good for somebody who doesn't want

to spend much, but still wants to get quality and value. It takes us two to three days from the time we walk into the house to get the job done."

Viner added that his business stands out from other similar businesses because they are very flexible when it comes to pricing and offer a large selection of products to choose from.

"We can give great prices to any budget," he said. "We have lots of different products with different varieties and can match it to any budget."

He also added that General Woodworking works closely with customers to ensure they will be happy. One can order just cabinets, do complete installations or both. For a limited time, customers who order full kitchen cabinets will get a free stainless steel under mount sink and faucet as part of a summer special. Interested individuals can call for a free estimate or visit the showroom.

For more information, visit generalkitchens.com or call 718-969-6525.

— Alexa Mae Asperin





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▶ dance



What to look for in a dance class

BY THE QUEENS COURIER STAFF
editorial@qns.com

When searching for the right dance class, parents have a number of opportunities at their disposal. First, ask around and get some word-of-mouth recommendations. Then, search online; find reviews of dance studios and check out their web sites to see which classes they offer and how qualified the instructors are. Finally, take a tour of the studio and ask lots of questions.

“Look to see if the school is clean and well managed. Is there an opportunity for the students to perform? If other students or parents are around ask them about their dance experience at that studio. Visit the school’s web site and read about the instructors. Make sure they have expe-

rience in teaching, studying dance, performing, understanding the developmental stages of children,” suggested Regina L. Hill, artistic director of The Dance Hut in Jamaica.

Terri Cassiglia, owner of Gotta Dance Studio in Middle Village, encouraged parents to take a tour of the studios before enrolling. Look for a dance studio professional floor that is well-absorbed to absorb the shock of jumping. Are the floors clear, no wires out? Is the ballet barre sturdy against the wall? Also be sure the studio is clean and well-maintained.

There should be some way for parents to be able to monitor their children’s dance. While many studios prefer parents not be in the studio while children dance, there should still be view windows

or a camera that allows the dancers to be monitored.

Alexandra Pikoulas of Flushing is mom to five-year-old Teresa, and danced formally herself for 25 years and as a Rockette for the 1994-1999 seasons. When she was searching for a dance school for her daughter, she was sure to do research on the studio and instructors ahead of time.

“I scouted out at least three potential schools and requested Teresa attends at least two trial classes at each school. I then let Teresa decide which one she had the most fun at. It was important to me that the instructors have both formal training (at a college/university) as well as ‘dancing school’ training,” she said.

Pikoulas believes that no matter what level a prospective student is at, she/he should request taking at least two trial

classes to get a feel of the energy of the class, the level(s) of the other students, as well as the level of the instructor, and the way the instructor guides the class and teaches the craft.

Niall O’Leary of the Niall O’Leary School of Irish Dance said to look for a teacher who’s certified but also deals well with kids. A good instructor has a way about them to get kids interested so they want to learn. The teachers should offer individualized attention, have an understanding of anatomy and its application to dance and offer positive reinforcements to students.

“As a parent, you should feel your child is the most important thing. You should get the feeling that the studio and instructors are there to serve you, not the other way around,” said Cassiglia.



How to find the right ballet class your kids will love

BY TRESA ERICKSON

You've enjoyed watching ballet since you were a kid, but you never had the opportunity to try the dance form until now. You're a lot older, of course, so learning ballet in the hopes of joining the professional ranks someday is out. You're taking up ballet simply because you like it and want to know more about it.

Ballet can be rigorous and requires extensive flexibility, which may explain why many professional ballet dancers retire in their 40s. They can no longer perform as they once did and choose to leave the profession. In spite of their retirement, many dancers continue to prac-

tice ballet because of the health benefits it provides. Ballet strengthens and tones muscles and builds endurance. It also improves coordination, enhances posture and develops poise.

Anyone who can stand the exertion involved can take up ballet at almost any age and benefit from it. If you are interested in learning the dance form, you should enroll in a class, preferably for adults. You will feel less self-conscious in an adult class and learn more.

You should check with the school for a specific list of equipment you will need for the class. In most cases, men will need a T-shirt or leotard, a dance belt, tights and ballet shoes, while women will need

a leotard, tights and ballet shoes. T-shirts and tights are typical. However, you may want to wear a unitard or a T-shirt, tights and bicycle shorts if the school allows them.

The color and type of apparel worn is often a matter of personal preference. Black tights are common. However, the school or instructor may have their own requirements regarding color. Many dancers prefer lycra tights over all-nylon tights because they fit better and leather ballet shoes over canvas shoes because they stretch. Most ballet shoes come with elastic bands, the ends of which you can sew on top of the shoes just below the anklebones to ensure the shoes stay on.

Ballet is not easy to master. Don't arrive at the class on the first day, expecting to emerge from it a pro. It takes time to learn the combination of steps required and get your body accustomed to performing those steps and linking them together upon command. Give yourself some leeway and don't worry if you don't get something the first time and have to stand aside and watch others perform the steps.

No matter what your age, you can learn ballet and benefit from it. Go ahead and enroll in a class. As you become more adept at ballet and your skills improve, you may want to enroll in a few more classes. This will accelerate the learning process and keep you in shape.

dance

When dance ruled the TV airwaves

BY RONDA ADDY

Long before MTV and VH1 there were two shows that became part of American culture and changed the way we listened to music. These shows were American Bandstand and Soul Train. Put on your dancing shoes and let's go back and take a look at the history of these two trend-setters.

Bandstand began in 1952 on WFIL-TV in Philadelphia. Bob Horn, a local disk jockey, hosted the live show that showed teenagers dancing to records. The success spawned a radio program hosted by Dick Clark, while Horn stayed in front of the camera. During an anti-drunk driving campaign sponsored by the station in 1956, Horn was arrested and was soon replaced by Dick Clark. The show's popularity increased, and by the fall of 1957, Clark had convinced ABC programmers to include the show on the network lineup. American Bandstand aired its first show on Monday, August 5, 1957, and from then on Monday through Friday from 3:00 to 4:30 p.m. EST. It was a hit, and on September 7, 1963, it was given a permanent time slot on Saturday afternoon.

In 1964, American Bandstand moved from Philadelphia to Los Angeles to be closer to the center of the recording



Soul Train host Don Cornelius (second from right) with The Staple Singers in 1974.

industry. In 1989, the show moved again, this time to the USA Network, along with a new host, David Hirsch. This version of the show only lasted six months. In 1997,

VH1 began showing 30-minute versions of American Bandstand highlighting the stars that helped make the show famous.

Part of the success of the show can be traced to host Dick Clark, "America's Oldest Teenager," and his racial integration of the show. Even when the show went to the network, it kept its racially mixed image, which provided American television with an ongoing image of ethnic diversity that was unheard of at the time. Regular features on the show included "Rate-A-Record," "The Spotlight Dance," "Dance Contest" and "Top Ten."

In 1969, Don Cornelius, a Chicago disk jockey, produced a pilot and called it Soul Train after a local radio promotion he had done. So impressed was the Sears Roebuck Company that it gave Cornelius some funding in exchange for the rights to use Soul Train to promote a line of record players. With this fund-

ing Cornelius started the show on a local UHF station, WCIU-TV. With Cornelius as its host, the dance show featured guest hosts, soul music acts and dance numbers

featuring the Soul Train Gang. It grew in popularity through word of mouth and gained another sponsor, The Johnson Products Company, which made Afro-Sheen.

In 1971, Cornelius moved the show to Hollywood. Syndicated in only seven cities, it quickly gained more cities, and by the mid-1970s, it was a force to be reckoned with. Musical groups clamored for appearances on the show, which could be translated to R&B and sometimes even pop chart success. In the 1980s, Soul Train was as popular as ever, and Tribune Entertainment helped launch the Soul Train Music Awards in 1987. The awards are still presented annually in prime time. The show's current host is Dorian Gregory, and even though he is no longer the host, Cornelius continues his association with the show as executive producer. Soul Train has now become the longest running TV program of any kind in the history of first-run, nationally syndicated programs.

It may be hard to measure the exact impact that both of these shows have had on American culture, but they have helped launch countless musical careers and gave TV viewers a look into ethnic diversity that they had never seen before. All in all, that's not a bad claim to fame.

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MEDITERRANEAN TILAPIA FILET served with rice and vegetable

SPINACH PIE with Greek Salad

CALAMARI FRA DIAVOLO: calamari and mussels served over linguini

HOMEMADE MEAT LOAF with mushroom gravy served with potato and vegetable

CHICKEN PARMIGIANA with spaghetti

TWO BROILED PORK CHOPS with applesauce, served with potato and vegetable

ROAST YOUNG TOM TURKEY with dressing, served with potato and vegetable

SMOKED VIRGINIA HAM STEAK served with potato and vegetable

BAKED CHICKEN in light mushroom sauce served with potato and vegetable

CHICKEN BROCHETTE with onions, pepper and tomatoes served over rice

GRILLED CHICKEN SORRENTINO with eggplant and mozzarella

served with spaghetti

BROILED BEEF LIVER with fried onions or bacon served with potato and vegetable

PENNE con BROCCOLI and GRILLED CHICKEN, mixed with garlic and oil

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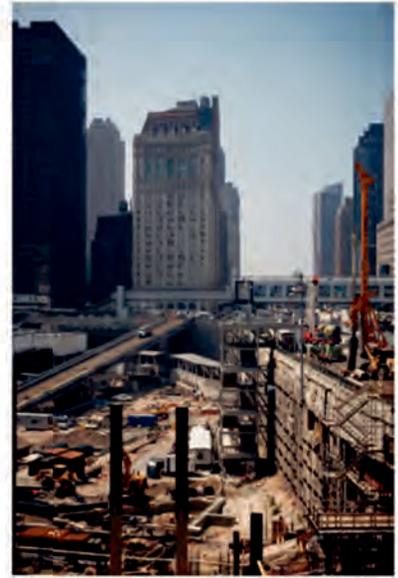
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St. Michael's will commemorate the attacks of 9/11 this year on Saturday, September 9th at 2PM.



For the first time St. Michael's will introduce an essay competition open to all school children. The essay will be "What it means to be an American." Winners will be announced on Sept. 9th. The Grand Prize is \$1500 generously presented by NEW YORK COMMUNITY BANK. Prizes to be used for educational purposes only for high school or college bound students.



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Adult Swim will screen unaired episodes, never-before-seen pilots and more in Long Island City

BY ANGELA MATUA
amatua@qns.com

With shows like “Rick and Morty,” “The Boondocks” and “The Eric Andre Show,” Adult Swim is known for its unorthodox programming.

Starting in September, it’s taking the show on the road with the “Adult Swim on the Green Tour.” The six-city tour will include games, food trucks and trivia with a chance to win exclusive prizes.

On Oct. 3, the tour will stop in Long Island City at Socrates Sculpture Park at

32-01 Vernon Blvd. The event starts at 6:45 p.m. and event admission is free with the purchase of a \$5 concession voucher.

In addition to games and food, a “Things You’ve Never Seen” screening will expose fans to unaired episodes, never-before-seen pilots and specials on a custom LED wall.

Every tour stop will be different so one night fans may be treated to a new episode of “Rick and Morty” while other fans will watch new clips, episodes and localized Adult Swim content for their city.

The event is open to people 18 and older and will last until 10 p.m.



Photos courtesy of Adult Swim

Adult Swim will screen unaired episodes and clips in Long Island City.



Queens actor lights up the big screen with roles in high-profile films

BY JUSTIN BERGLUND
editorial@qns.com/@QNS

Queens actor Peter Gaudio has been building his resume recently.

He recently wrapped up filming the Kevin Connolly-directed crime drama “The Life and Death of John Gotti” about the head of the notorious Gambino crime family, starring John Travolta in the titular role.

The film is set for release on December 15 of this year.

Other recent film credits include the boxing film “Back in the Day” starring Alec Baldwin and Danny Glover and the upcoming romance film “Cruise” starring Emily Ratajkowski.

Gaudio said that being in bigger movies and working with the likes of Travolta, Baldwin and Glover has been quite the experience.

“Working with somebody at that level, the highest level, it’s an amazing experience,” he said. “The tricks of the trade, the experience I get out of it, it made me a better actor. What is taught on set is



Photo courtesy of IndieGoGo

Local actor Peter Gaudio has been keeping busy both on and off the screen.

completely different than what you learn in classes.”

Gaudio is also a part of the upcom-

ing television show “The Neighborhood” starring William DeMeo and fellow Queens native James Russo.

The show, which wrapped filming earlier this year, is currently being shopped to networks before having an official release sometime in early 2018.

Gaudio has also found plenty of work for him off of the big screen as well.

The former bodybuilding champion and Mr. NYC 2000 & 2001 runs a fitness business on the northern coast of Long Island. Gaudio uses this not only to support himself and his family, but also to allow him to pursue his more passionate pursuits.

This includes being in off-Broadway plays “Murdered by the Mob” and “Tony and Tina’s Wedding.”

Despite being labeled by some of the people he shares the screen with as having “a hardcore mobster look with a hard physique,” there is more to Gaudio than just his physical appearance.

His daughter, Petrina, who will turn 13 in October, is looking to follow in her father’s footsteps.

“She has a similar aspiration in arts,” he said. “But I have an open policy with her: she can be anything she wants to be.”

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Tap Takeover & family fun this weekend at the LIC Flea

Come on down and meet the crew behind Blue Point Brewery while chilling out at their "Tap Takeover" this weekend at the LIC Flea & Food Market.

Sip their unique craft beer while you play drinking games, listen to music, and snap some pics in the photo booth. They'll be lots on tap so prepare yourself for amazing drink specials and flights!

When hunger strikes, head on over to Empanada Papa for Latin street fare created by incorporating classic French techniques with hints of American influences. Owner and chef, Pedro prides himself on using the best ingredients to produce mouth-watering street food with a Mexican flair. Crowd favorites include the cheese empanadas.

Once your thirst and hunger is satisfied, try a little shopping at Reclaimed & Recycled where woodwork and custom furniture is produced by Queens local craftsman Daniel Kress. Made from reclaimed and recycled materials, the rus-



Photo: Facebook/SculptureCenter

Mold a masterpiece out of 2,000 pounds of clay in LIC this weekend

BY ANDREINA PEREZ
editorial@qns.com / @QNS

A local sculpture club will bring back its founding summer tradition to Long Island City next weekend.

On Saturday, Aug. 19, from 10 a.m. to 2 p.m., SculptureCenter, located at 44-19 Purves St., will host a day of sculpting and creativity. Not only will members and artist participate in the clay creations, but the public will be able to join in the long-awaited revival of the tradition in a large-scale community sculpture studio.

Two thousand pounds of clay will be provided for anyone in the community to creatively mold for free

use or in artist-led activities. The artists that will lead these projects include Christian Holstad, Joanna Malinowska, Kate Newby, Hayley Silverman and Ser Serpas, Agathe Snow, and Patrice Renee Washington.

This event is free to the public. Music and food will be available at the SculptureCenter building.

Founded by sculptor Dorothea Denslow in 1928, members of SculptureCenter (known at that time as Clay Club) would meet up at Staten Island to create sculptures out of natural clay.

For more information about Clay Club at SculptureCenter, call 718-361-1750 or visit www.sculpture-center.org.

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If the kids get antsy, take them over to the Bounce House, which will have them literally jumping for joy as they work off that sugar rush from Bench Flour Bakers. Little ones (and you) will love their double chocolate chip cookies and salted car-

amel apple pies.

The LIC Flea & Food is open every Saturday and Sunday from 11 a.m. until 6 p.m. and is located at 5-25 46th Ave., at the corner of 5th Street and 46th Avenue, in Long Island City. For more information and to learn about monthly special events, visit www.LICFlea.com





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Photo: Shutterstock

Here's how you can safely view next week's 'Great American Solar Eclipse' in Queens

BY EMILY DAVENPORT
 edavenport@qns.com / @QNS

Grab your special glasses and stay away from any mysterious plants — a solar eclipse is on its way.

Many will travel across the United States just to get the perfect view of this nationwide phenomena, which is being dubbed the "Great American Solar Eclipse," on Aug. 21. It's the first time in 47 years that a total eclipse will pass over the continental U.S.; the last occurrence was on March 7, 1970, and 96 percent of the sun was blocked during that cosmic event.

However, you need not to travel too far to catch a glimpse of a near-total eclipse, where the moon will cover nearly 75 percent of the sun.

Locally, the near-total eclipse will be visible in Queens starting at 1:23 p.m. and ending at around 4 p.m. The peak of the near-total eclipse, which will last approximately two minutes, will take place at 2:44 p.m.

The most important thing you can do when watching the solar eclipse is to protect your eyes. Staring at the sun is dangerous on a normal day; doing so during a solar eclipse risks major visual injury. Normal sunglasses won't help,

either. You'll need to pick up a special pair of eclipse viewing glasses, which can be removed for the peak of the eclipse, that will protect your eyes during the partial phases of the eclipse.

There are number of places where you can pick up a pair of special eclipse glasses, including your local Best Buy store (locations in Elmhurst, Long Island City and Flushing), Lowe's (253-01 Rockaway Blvd., Rosedale), and Walmart.

The Queens Library is hosting solar eclipse-related events during August, including eclipse viewing parties on the day of, at many of their branches throughout the borough. Many of

the events will include arts and crafts, solar eclipse education and your very own pair of special eclipse glasses. Visit queenslibrary.org to find an event near you.

There are plenty of places in Queens where you can view the near-total eclipse. For a view without any obstructions, head over to Flushing Meadows Corona Park, Alley Pond Park or Highland Park.

If you catch a really cool picture of this year's eclipse, show us by sending them to editorial@qns.com, tagging us on Instagram (@qnsgram) or send them to us on Twitter (@QNS).

LAND OF MAKE BELIEVE among NJ's top amusement parks!



HOPE TOWNSHIP, N.J. (Aug. 2, 2017) - New Jersey Family Magazine, the state's premier family publication, in July named the Land of Make Believe in Hope, NJ, as one of the top family amusement parks in the state.

"This is a tremendous honor for us," said Christopher Maier, owner of Land of Make Believe. "We pride ourselves on offering the best, most affordable and

safest amusement park anywhere. To be acknowledged as one of the best is a true indication that we are making families happy and that is our ultimate goal!"

With its incredible mix of traditional rides "on land" and water attractions at Pirate's Cove, Land of Make Believe offers an awesome day of fun. Families love Land of Make Believe for lots of reasons, besides the many rides. Its one price admission, free parking, free picnic area, free attractions, and free Waterpark are among them.

Not only is Land of Make Believe a favorite for New Jersey residents, but visitors make their way to the park from all over the country. In just one example, a visitor from Ohio wrote, "We love coming to Land of Make Believe every year. I bring my nieces here every summer. It's always a fun-filled day, very family-friendly. The girls look forward to it every year!" On occasion, even Europeans make their way to the park as part of their American experience.

The 2017 season marks the park's 63rd Anniversary. The park has been family-owned since day one. An educator specifically designed Land of Make Believe so parents and children could participate together. It was the first park in the United States with this objective in mind. Land of Make Believe is always changing and growing while also staying true to its roots with parental participation in a clean, affordable and wholesome environment. Located in a picturesque setting in a valley surrounded by mountains, and forests, Land of Make Believe has always been a leader in ecotourism in Warren County. It financially supports and protects 450 acres of open space, preserving it for generations to come.

Land of Make Believe is open every day through Labor Day and then caps things off with a Grand Finale Weekend 9-10. Land of Make Believe is near Routes 46, 80, and 78 and less than an hour from New York City and minutes from the Poconos.

For more information about the park visit www.LOMB.com or call (908) 459-9000.

Be sure to LIKE The Land of Make Believe on Facebook page, too

(<https://www.facebook.com/pages/Land-of-Make-Believe/107546209274773>).



Advertorial

Legally Speaking

By: Scott Baron,
Attorney at Law

VISIBLY INTOXICATED

Q: Late one Friday night, I began a visit to a tavern. A patron had left his liquor on the bar. He had taken his shirt off and was swagging around. I felt that the guy must be intoxicated, and probably on drugs, too.

My friends have told me that the bartender knew very well that this customer had been in jail and was always in trouble. He had a reputation for fighting in the street and at home. She knew that he had a temper that he puts into action. She knew that the guy lacked a tolerance for liquor.

All the same, the bartender poured him another shot of whiskey. Then the guy looked at me. He said, "whatcha you lookin' at" and began to beat me.

A: Such behavior by a patron before an extra shot, and such knowledge on the part of a bartender, can establish that your assailant was served alcohol while he was 'visibly intoxicated'. What is more, from what you say, it appears that a reasonable connection exists between the extra serving and the beating you suffered.

By 'visibly intoxicated', a lawyer means that the bartender should have known that your assailant would lack the tolerance for the second shot - that it would push him over the brink.

The law responds to changed conditions; exceptions and variations abound. Here, the information is general; always seek out competent counsel. This article shall not be construed as legal advice.

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New Beginnings



John Kominicki (left) and Joanna Austin are leading the Long Island Press' print revival.



Sweet Victory!

After seven weeks away at sleep away camp, Blake, Morgan and Jonah returned to big hugs and the smothering of kisses as their parents and grandma welcomed them home. They all looked so much bigger and more mature compared to when we sent them off to Tyler Hill Camp. My heart burst with pride when I heard that Blake had been chosen as Camper of the Year for sophomore boys. A true leader has been born.

The phrase new beginnings seems appropriate as we approach the relaunch of the historic Long Island Press, in recent years a website but once a daily newspaper published for 156 years and once based in Jamaica, Queens.

It seems like the history of the paper has come full circle as we bring back the printed version under our ownership after having gone from a weekly to a bi-weekly to a monthly to a digital and now again a printed edition. I'm so proud to carry on such a treasured brand.

It began its "life" as the Long Island Farmer, a weekly newspaper. Ironically, in the 1880s, a farmer and printer who had been in charge of the Brooklyn

Eagle's Long Island department took over ownership. The publisher's office was on 161st Street in Jamaica. John Kennehan was editor when Queens was partitioned and the western part became a part of New York City and the eastern part became present day Nassau County.

After his death, the paper had different owners but in 1920 a lawyer from Jamaica Benjamin Marvin became the sole owner of what was renamed the Long Island Press.

In 1932, the paper was acquired by Samuel Newhouse who also owned the Staten Island Advance. He expanded the paper's coverage from Queens and Nassau to Suffolk County. The newspaper flourished as the areas developed and circulation grew from 30,000 to 445,000 uniquely covering local news.

Sadly, through the economic downturn of the 1970s, the paper lost advertising and circulation declined. Adding to its death was an extended strike by printing pressmen and the owners ceased publishing March 25, 1977. Sadly its building stayed vacant until 2005 when it was torn down and a Home Depot built on the site.

For decades, the Long Island Press was lost to the community until Jed Morey of Morey Publishing brought the name back in 2003 and created a weekly newspaper known for its investigative articles and coverage of the Island.

It became a monthly publication and then a digital platform, LongIslandPress.com. My son Josh and I acquired the company this past May and planned to put it back to print. With

the help of a new team -- John Kominicki, the former publisher of the Long Island Business News, leading as co-publisher and executive editor, Tim Bolger as editor and Joanna Austin as vice president of sales -- we are launching the Long Island Press newspaper as a monthly news magazine.

Our mission will be to give our readers insightful reporting on politics, business, entertainment and lifestyle plus opinion, commentary and debate. It will be a true celebration of Long Island and its rich history and natural resources, and the people who inspire us.

I feel so privileged to bring back the proud history of the Long Island Press.

When I told my friends about the acquisition, I was amazed at the smiles on their faces as they shared their memories of the legendary newspaper.

Geraldo Rivera recalled how 59 years ago he carried the newspaper on his bicycle when

he moved to Babylon. "I was broke. At 14, it was my first job. It taught me business acumen but also when I sold subscriptions, I got as a bonus tickets to Coney Island and Steeplechase. It opened my world," he declared with a broad smile.

Maria Grasso, senior executive vice president and COO of Flushing Bank said bluntly, "I learned everything I know about business from selling subscriptions to the Long Island Press. Collecting the money each week and keeping records was a unique education as a teenager."

Peter Meyer, president of the New York City market for TD Bank, honestly said, "I made so much money from tips and subscriptions that I think I had more money in the bank than my parents!"

And there are more memories to be shared.

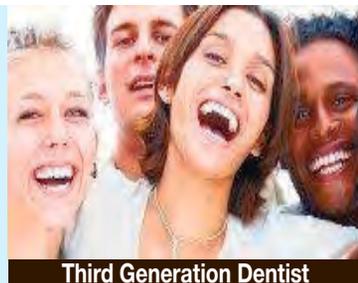
Now we will build our memories. Enjoy our first issue coming out September 1.



Congratulations!

I offer my best wishes to Carl Mattone and Demetra Plagakis, one of our former employees, who were recently married.

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dining out



Photos by Anthony Giudice/QNS

Dorawa, a new Korean restaurant on Bell Boulevard, fuses Korean and American culture.

Dorawa brings traditional Korean food with a modern twist to Bell Boulevard

BY ANTHONY GIUDICE

agiudice@qns.com

@A_GiudiceReport

The cultural smorgasbord of restaurants on Bell Boulevard in Bayside will soon add another national cuisine to its list of delicious eateries, as Dorawa plans to serve up traditional Korean foods in a modern setting.

The new restaurant is steeped in Korean tradition, right from its name and logo. The word “dorawa” means “come back” in Korean, explained Brandon Kim, general manager of Dorawa. The flower logo is the Hibiscus syriacus plant, better known as the Korean Rose, and is the national flower of South Korea.

Even the food will be traditional Korean fare such as kimchi dishes, Korean barbecue, bulgogi, and much more, but each dish comes with “crossover appeal” for American foodies, Kim said.

“There is no Korean food on this block. That’s why we wanted to open here,” he added. “We want to communicate with Americans. We want to be a more modern, fancier place. We chose foods that Americans will like. It looks like Korean fusion, but it is all traditional foods.”

The food isn’t the only way Dorawa mixes traditional Korean style with a more modern flair.

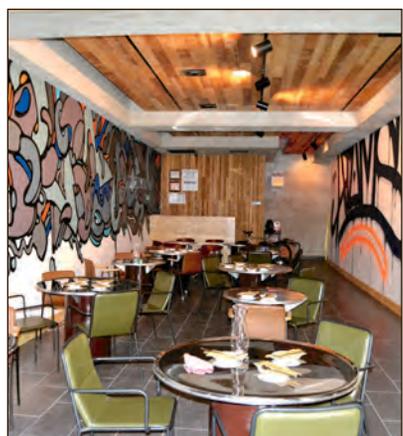
The style and décor of Dorawa have a much more modern look, with beautiful graffiti are scrawled across the walls, with the Korean Rose hidden throughout the work. Three artists, including Aaron De La Cruz, helped decorate the interior of the restaurant and the basement.

In an homage to the way Koreans traditionally eat their food, Kim said that the small, reflective tables were imported directly from Korea, giving customers the sense of closeness that is common in Korean restaurants, but provides diners with their own space.

“We wanted to keep the traditional Korean theme,” Kim said about the tables. “We want to be a bridge between Korean and American styles.”

Dorawa is also outfitted with a bar area where customers can enjoy Korean beer and wine, sake, and eight taps that will also serve American and craft beers. There is also a projector screen where the restaurant will show Korean Pop (K-Pop) music videos to further enhance their desire to bridge Korean and American culture.

Kim says Dorawa, located at 38-42 Bell Blvd., will open within the next few weeks as he and his partners are putting the final touches on the restaurant. To get a preview of their menu, visit dorawa.nyc.



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happenings AUGUST 3-9

LIST OF
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THINGS TO DO

THURSDAY, AUGUST 17

1 Enjoy a free performance on one of Shakespeare's work at Cunningham Park from 7:30 to 10 p.m. The night will begin with a discussion and interaction session for children, followed by the performance of Henry IV, Part I at 8. The rain date is Aug. 20. Cunningham Park, 196th Street and Union Turnpike. For more information, visit <https://www.nycgovparks.org/parks/cunningham-park/events/2017/08/17/shakespeare-in-the-park-henry-iv>.

2 Have you ever wanted to learn to crochet? The Laurelton branch of the Queens Library provides a free Kid Crochet and Needlepoint Club from noon to 1 p.m. Sessions began Wednesday, Aug. 2, and will continue up until Thursday, Aug. 31. Queens Library at Laurelton, 132-26 225th St. For more information, visit <http://www.queenslibrary.org/event/kids-crochet-and-needlepoint-club>.

FRIDAY, AUGUST 18

4 Join Flushing Town Hall for a Yoga in the Garden from 6:30 to 8:30 p.m. Bring your mats and dinner for a post-yoga picnic. There is a \$5 suggested donation with members free. Flushing Town Hall, 137-35 Northern Blvd. For more information, visit <http://www.flushingtownhall.org/event/9640126b5ad30a27c>.



The Queens Botanical Garden will be hosting a Down to Earth Farmers Market at 8:30 a.m. on Friday, Aug. 18. Pick up fresh fruits and vegetables until Nov. 17. Queens Botanical Garden, Dahlia Avenue and Main Street, Flushing. For more information, visit <https://patch.com/new-york/queens/calendar/event/20170818/174785/queens-botanical-garden-farmers-market>.

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5 If you enjoy tinkering, drop in to the New York Hall of Science from 2:30 to 5 p.m. The event is free with NYSCI admissions. Adults \$16; children, students and seniors \$13. New York Hall of Science, 47-01 111 St., Corona. For more information, visit <https://nysci.org/event/make-it-friday/2017-08-18/>.

SATURDAY, AUGUST 19

6 Go out to see the Onderdonk House, which is full of rich history, from 1 to 4 p.m.

There is a suggested donation of \$3 with members, veterans and active servicemen free. Onderdonk House, 1820 Flushing Ave. For more information, visit http://www.ridgewoodsocial.com/ai1ec-event/explore-the-historic-onderdonk-house/?instance_id=19605.

8 Join the New York Hall of Science in designing and creating your very own insect from 10:30 a.m. to noon. The event is for children ages 3 to 5 with autism spectrum disorder. Free with registration. New York Hall of Science, 47-01 111 St., Corona. For more informa-

tion, visit <https://nysci.org/event/bugged-out/>.

SUNDAY, AUGUST 20

9 Artist are invited to Salon Sunday where they will showcase their work at an informal networking session at the Flushing Town Hall from 1 to 3 p.m. Admission is free. Flushing Town Hall, 137-35 Northern Blvd. For more information, visit <http://www.flushingtownhall.org/event/575a79ca23d29e-e47c13dcbd962421cc>.

10 LIC Flea and Food operates every

Saturday and Sunday to sell food, drinks, jewelry and much more. From 11 a.m. to 6 p.m., check out over 80 vendors, rain or shine, at 5-25 46th Ave., LIC. For more information, visit <http://www.longislandcityqueens.com/experience-lic/events/lic-flea-and-food-2/>.

MONDAY, AUGUST 21

12 From 10 to 11:30 a.m., join the Central Library for the Stay Well program for New Yorkers age 60 and older. The program will run up until Monday, Dec. 18. Central Library, 89-11 Merrick Blvd., Jamaica. For more information, visit <http://www.queenslibrary.org/event/stay-well>.

TUESDAY, AUGUST 22

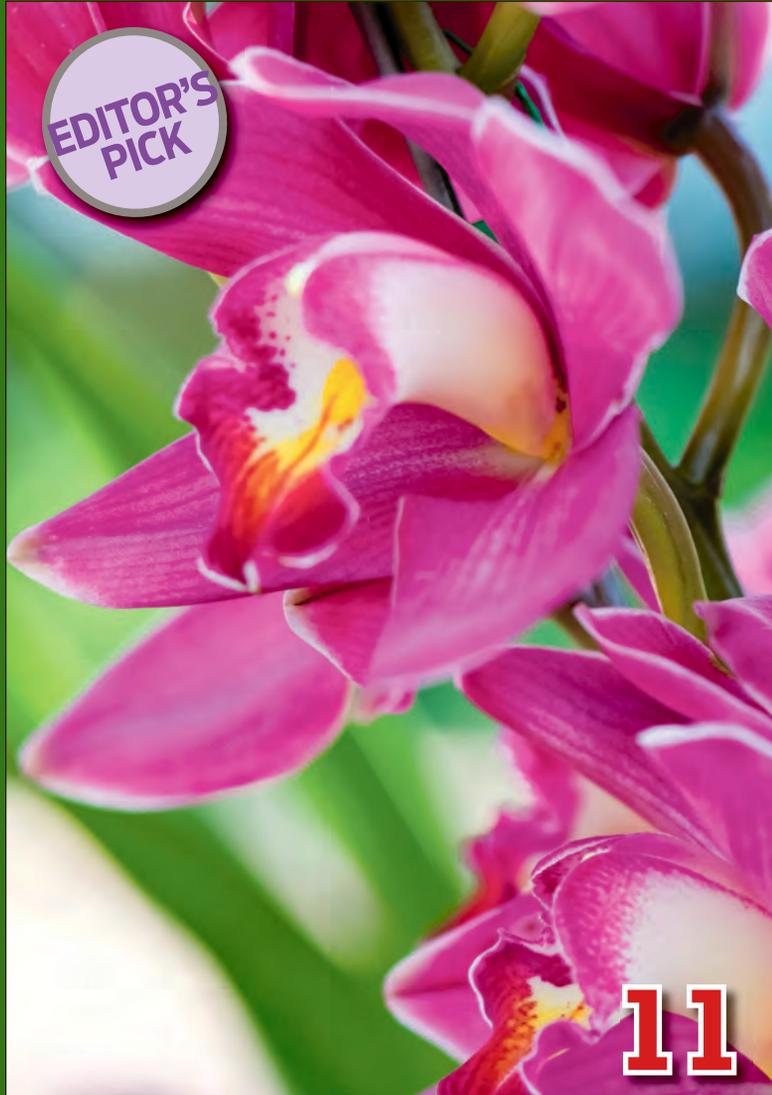
13 Enjoy a night under the stars watching "Moana" at Flushing

ATTENTION: Want your event on this page? Post it on QNS.com!

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Join the Alley Pond Environmental Center for Kidz Kitchen: Hedgehog Sundaes. Children ages 6 to 7 will make homemade ice cream. Admissions is \$22 and \$16 for members. There is limited space and pre-registration is required. 11 a.m. to noon on Saturday, Aug. 19. Alley Pond Environmental Center, 228-06 Northern Blvd., Little Neck. For more information, visit <http://www.alleypond.com/weekends.html>.



Have a look at the orchids at the Queens Botanical Garden from 9 a.m. to 5 p.m. on Sunday, Aug. 20, in partnership with the Taipei Economic & Cultural Office in New York. The event is free with Garden admissions. Queens Botanical Garden, 43-50 Main St., Flushing. For more information, visit <http://weheartastoria.com/event/taiwan-world-orchids-2/>.

Meadows Corona Park. The event is free and from 8 to 10 p.m., but audience members should arrive before 7 to secure a spot. For more information, visit <https://www.nycgovparks.org/parks/flushing-meadows-corona-park/events/2017/08/22/movies-under-the-stars-moana>.

14 At the Bayside branch of the Queens Library, ages 8-12 will learn about the various forms of art at an Art Workshop. Sessions began Tuesday, Aug. 15, and will end Tuesday, Aug. 29, from 1 to 3 p.m. 214-20 Northern Blvd. For more information, visit <http://www.queenslibrary.org/event/art-workshop-0>.

WEDNESDAY, AUGUST 23

15 In Flushing Meadows Corona Park, enjoy a free screening of the movie "Sing" from 8 to 10 p.m. The movie is kid friend-

ly. For more information, visit <https://www.nycgovparks.org/parks/flushing-meadows-corona-park/events/date/2017/08/23>.

16 Learn how to prepare for an interview at the Queens Library at Flushing. The "Mistake-Free Interviewing" teaches students how to be successful in the interviewing process from 10:30 a.m. to noon. Limited spots are available. Queens Library at Flushing, 41-17 Main St. For more information, visit <http://www.queenslibrary.org/event/mistake-free-interviewing>.

17 Watch the film "Bad Hair" at the Socrates Sculpture Park on 32-01 Vernon Blvd., Astoria. The free movie screens from 7 to 10 p.m. For more information, visit <http://www.longislandcityqueens.com/experience-lic/events/bad-hair-pero-malo/>.

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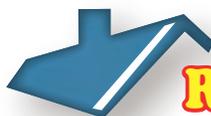
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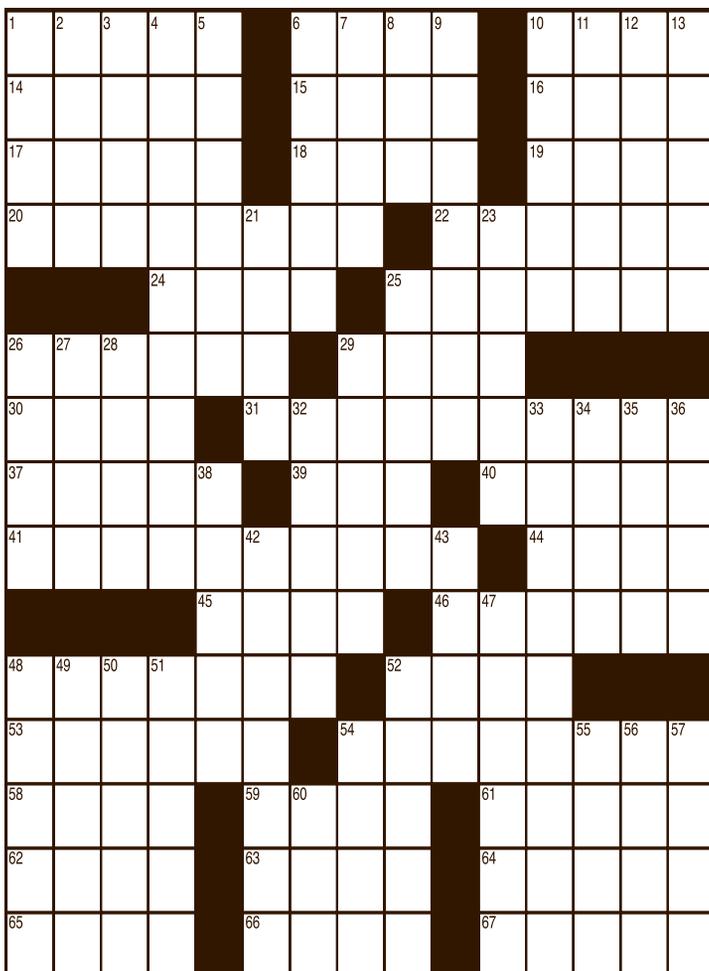
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1. Related chemically to sulfanilamide.
6. Precious.
10. Cincinnati's baseball team.
14. To bury or inter.
15. To allege as a fact in law.
16. To give off or release.
17. To go to and stay for a short time.
18. _ le roi, French for "Long live the king"
19. Early 1950s comic strip featuring a possum.
20. _ heart, nonpathological enlargement of the heart due to intensive aerobic exercise.
22. A stupid, obese or mentally challenged person.
24. First name of the character played by Martin Mull on Roseanne.
25. A participant in a sport or game requiring physical skill and stamina.
26. Keeps away from.
29. Joint of the leg that permits movement between the femur and the tibia.
30. Yvonne _, Dotty Snow on Father Knows Best.
31. To shock with an improper or immoral act.
37. A Mediterranean plant of the parsley family, having loose umbrels of small yellowish-white flowers.
39. _ Dhabi, a sheikdom in the northern United Arab Emirates on the southern coast of the Persian Gulf.
40. Wise people.
41. Easily provoked or annoyed.
44. Lowe and Reiner.
45. Acronym for the Ottawa Real Estate Board.
46. To gain periodically.
48. At the right time.
52. Term for a slope or hillside in Scotland or northern England.

53. Belonging to the brass.

54. Lack of accord.
58. _ Moreno, Violet Newstead on the TV show, 9 to 5.
59. _ Wilkinson, a New Zealand novelist, poet and journalist.
61. Any spiny shrub of the legume family that grows in sandy soils and has rudimentary leaves and yellow flowers
62. A physical disturbance among members of certain Southeast Asian cultures characterized by depression followed by the urge to kill.
63. In _, occurring or made to occur within a living organism or natural setting.
64. The _ Comedy, 1943 movie starring Mickey Rooney.
65. Mannai.
66. East of _, 1954 movie starring James Dean.
67. Czars.

Down

1. Alternative spelling of Shiva, the third member of the Trimurti in Hinduism known as "the Destroyer"
2. Moon _ Zappa, daughter of musician Frank Zappa.
3. Characterized by luxuriousness and opulence.
4. Superlative of frilly.
5. Put a stake into the pot in a game of poker.
6. _ Symone, Olivia Kendall on The Cosby Show.
7. A female name from the Latin word meaning "bird"
8. Abbreviation for reverend.
9. Raised to an upright position.
10. To drive or force back.
11. To show feelings.
12. A finger or toe.

13. Oliver _, director of the 1989 movie, Born on the Fourth of July.
21. To throw, pitch or fling.
23. Durham and Perlman.
25. Per _, by the year.
26. _ Alda, director of the 1990 movie, Betsy's Wedding.
27. A grape plant.
28. To leave out.
29. Small pieces of meat and vegetables roasted on a skewer.
32. Medical or surgical patients.
33. Guilty of theft.
34. _ Stravinsky, U.S. composer.
35. One of a domesticated form of cattle in India, having a large hump over the shoulders and a large dewlap.
36. Latin for "existence"
38. Acronym for Expanded Learning Opportunities Programs.
42. Causing soil to wear away.
43. Parts of a cereal plant which contain the flowers and hence, the fruit, grains or kernels.
47. Past tense of catch.
48. Norm _, host of The New Yankee Workshop.
49. The principal ballerina in a ballet company.
50. Boca _, a city in southeastern Florida.
51. A city in southern Honshu in Japan.
52. North American ox-like animals, having a large head and high, humped shoulders.
54. To plunge into water, usually headfirst.
55. _ S. Rombauer, author of The New Joy of Cooking.
56. Alternative spelling of czar.
57. Craves or yearns for.
60. To clear or disencumber.

ANSWERS ON PAGE 79

employment

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DRIVERS!
DRIVERS!**

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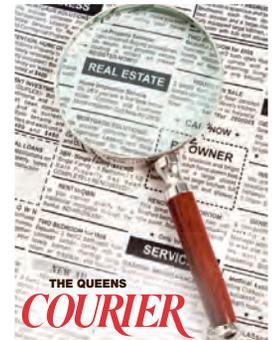


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SUDOKU

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9. ANSWERS ON PAGE 81

7	2			1			9	
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6			1		3			9
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					2	7	5	
5				7				
	7			3			8	6

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- Operates, cleans and maintains all painting equipment, including brush, roll, sprayers and electrostatic sprayers, pumps, etc. Safely stores and labels all materials.

Shared Responsibilities include:

- Respond to routine and emergency calls for repairs and service.
- Train and direct the work of other classified staff in the area.
- Assists and serves as back up to other Facilities employees.

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• Designing, building, installing, repairing; structures, fixtures, furniture, and other items, using different types of materials including wood and steel.

Responsibilities include:

- Following safety rules, regulations, maintain a safe and clean environment.
- Maintain records, document actions and present written progress reports.
- Prepare cost estimates for clients or employers.
- Study specifications in blueprints, sketches or building plans to prepare project layout and determine dimensions and materials required.
- Work with subcontractors for areas such as heating and electrical wiring work.
- Select and order lumber and other required materials.
- Work with and/or remove hazardous material.
- Perform minor plumbing, welding and/or concrete mixing work.
- Erect scaffolding and ladders for assembling structures above ground level.
- Install structures and fixtures, such as windows, frames, floorings, and trim, or hardware, using carpenter's hand and power tools.
- Arrange for inspections of ceiling or floor tile, wall coverings, siding glass, or woodwork to detect broken or damaged structures, Construct forms and chutes for pouring concrete.
- Apply shock-absorbing, sound-deadening, and decorative paneling to ceilings and walls.

Other responsibilities include general commercial and residential carpentry such as:

Build or repair cabinets, doors, frameworks, floors, and other wooden fixtures used in buildings. Remove damaged or defective parts or sections of structures and repair or replace. Finish surfaces of woodwork or wallboard. Assemble and fasten materials to make framework or props. Verify trueness of structure, using plumb bob and level. Fill cracks and other defects in plaster

MUST BE ABLE TO READ BLUEPRINT AND PLANS

- Must be capable of using hand tools, machines, or power saw to shape or cut materials to specified measurements.
- Must have good communication skills and attendance.
- Applicants must successfully pass a drug screen and background check.
- Must have CLEAN DRIVER'S LICENSE AND 10 HOURS OSHA REQUIRED.

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1	S	2	U	3	L	4	F	5	A	6	R	7	A	8	R	9	E	10	R	11	E	12	D	13	S	
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65	M	A	N	A	66	E	D	E	N	67	T	S	A	R	S											

PUZZLE ON PAGE 77

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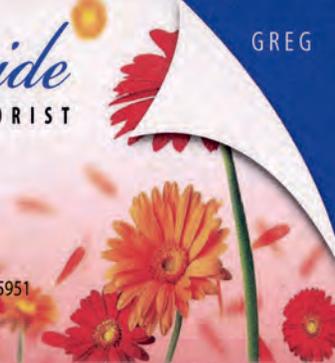
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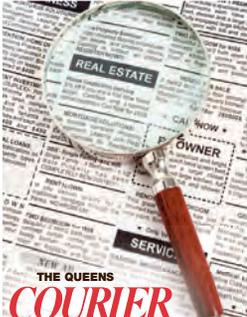
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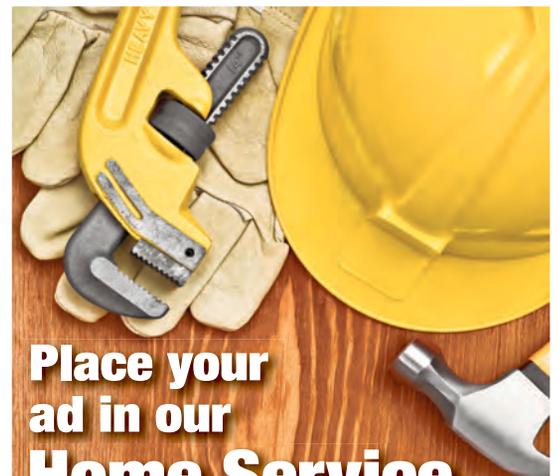
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det. gar, yard w/ back
deck, full fin. bsmt,
wood flrs
Asking \$610K



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THURS. 8/17 6:30-8PM
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2.5 Car garage & pvt drv,
6 rms over 5 rms, full fin
bsmt, sep. hot
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Asking \$1.075M



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SUN. 8/20 1:00-3:00PM
63-30 75TH PL.
Brk SD 2 Fam. 6 rms, 3
bdrms ea. apt. fin bsmt.
w/ entrance to pvt yrd, 1
car gar, pvt drvwy 1/2
block to Juniper Park.
PRICE REDUCED!!!!
Asking \$1.399M



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Brick 2 Family
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granite counters & access
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Glendale/Rdgwd Border
bx rms, 3 bdrms/2 bdrms,
fin bsmt, wd flrs, pvt yrd,
new kitch, bthrms, siding,
windows, f & b stoops
Asking \$778K



RIDGEWOOD
Great opportunity to
purchase Vacant Lot in a
popular area. Can build
15 Units! 10,370 s/f
buildable. Ideal Condo-
miniums dev site
Asking \$2.5M



GREENPOINT
8 Family home
Great Location!
Approx. 1.5 blks to the
subway. Full bsmt
Call for income &
expenses.
Asking \$2.550M



GLENDALE
Det Brk 2 Fam. 1st & Partial
2nd Fl duplex 3 bdms, up-
dated kit w/ S/S appliances,
Lrg Lr . 2nd Fl Rear apt. has 2
bdrms. Features a det.ached
4 car garage, full fin bsmt
& pvt yrd.
Asking \$998K



MASPETH
Brick Semi Det. 2 Family
1st Fl & Walk in duplex-8
rms, 2 bedrms, terrace.
3rd Fl-5 rms, 2 bedrms.
Lrg yrd, garage,
pvt driveway.
Asking \$1.199M



MIDDLE VILLAGE
Semi-Detchd Brick
2 Fam Townhouse
1st Fl walk in, 2nd & 3rd
flrs each have 3 bedrms, 1
car gar, pvt drv,
New EIK on 3rd fl
Asking \$1.625M



MIDDLE VILLAGE
Semi-detchd 1 Fam
EIK, LR, DR, 3 bdrms
Full Bsmt, Pvt Drvwy
Private yard!
Well Maintained Home,
Move in Condition
Asking \$679K



REGO PARK
Brick 1 Fam, Semi Detch
3 bdrms, 1.5 bths
full bsmt, 1 car garage
wd flrs, pvt yrd.
Near all
Asking \$759K



MASPETH
Brick Ranch Style
1 family
2 bedrooms, full
basement, private
yard, 1 car garage,
private driveway
Asking \$595K



RIDGEWOOD
2 Family
3 bedrooms over
2 bedrooms,
full finished basement
Ideal user/Investor
Asking \$979K



RIDGEWOOD
Semi Det Brk 2 Family w/
View of NYC, 52 x 100 s/f
lot 6 rms/5, full bsmt,
2 car garage, private drv,
private yard.
Asking \$1.9M



MIDDLE VILLAGE
18 ft. Brick 1 family 1/2
block to Juniper Park.
6 rms, 3 bdrms, 1.5 bths,
full fin bsmt, pvt yard.
Renovated!!!!
Asking \$799K



MIDDLE VILLAGE
Det 2 Fam 1st fl-open layout,
mod. Kit w/ SS & granite, Lr,
Dr, Firepl, 1 bdrm. yrd w/ 3
story deck, pool w/slide
Jacuzzi, 2nd fl is dplx
w/ attic & 3 bedrms.
Asking \$1.3M



WILLIAMSBURG
Ideal user/investor
3 family home
ALL VACANT ON TITLE
1 blk to Bedford L
train **PRICE REDUCED!!!!**
Asking \$2.599M

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REAL ESTATE

Want to purchase a home in these Queens neighborhoods? You may have to wait a while

BY ANGELA MATUA
amatua@qns.com

A recent article in The New York Times examined the housing market in New York City and found that in some neighborhoods of Queens, a house rarely switches hands.

Partnering with StreetEasy, a real estate search engine, the Times found that Richmond Hill has a turnover rate of just 9 percent, and that the southern section of the neighborhood has a turnover rate that is less than 1 percent. The data comes from Department of Finance records from 2010 through 2017.

According to the article, prospective tenants who are interested in moving to Richmond Hill and other low turnover neighborhoods have a better chance of finding a home if they know the local broker. Some homeowners in Richmond Hill are also against new residents destroying historic aspects of the Victorian-style



Photo via Modern Spaces

A study found that Richmond Hill has the lowest residential turnover rate in Queens.

buildings, making the process much more selective.

The report also found that Ridgewood had the second lowest turnover rate, with only 3 percent of residential inventory

selling. Maspeth has a 4 percent turnover rate, Glendale has a 5 percent turnover rate and Astoria has a 6 percent turnover rate.

The neighborhood with the highest

turnover rate is Forest Hills (29 percent), as noted in The New York Times story. Other neighborhoods where residential inventory changes hands the most include Glen Oaks Village (27 percent), Rego Park (25 percent), Kew Gardens (24 percent) and Long Island City (24 percent).

Overall, the turnover rate in New York City from 2010 through 2017 was 15 percent.

A recent report by the Real Estate Board of New York found that Rego Park, Forest Hills and Kew Gardens experienced a 24 percent increase in cooperative sales, with 299 sales during the second quarter of 2017.

Interestingly, neighborhoods that saw the largest sales in one- to three-family homes include Richmond Hill, South Ozone Park and Woodhaven. Collectively, the area saw a 46 percent increase in home sales with 357 sales in the second quarter compared to last year.

Sales in Queens HOMES – CO-OPS – CONDOS

Listings and photos courtesy MLSLI

NORTHEAST



FLUSHING

Under \$500,000
205-14 35th Ave, Bayside
\$229,000
Co-Op
1 bedroom, 1 bathroom
Lorcan Malone & Patrick Wagner
Novus Realty Group

\$500,000-\$900,000
150-31 12th Ave, Whitestone
\$599,000
Condo
2 Bedrooms, 2 Full Bathrooms
Charles Chul Chang & Hae Ryung Chang
Exit Realty Team

Over \$900,000 ↑
143-31 Poplar Ave, Flushing
\$1,388,888
1-family
4 bedrooms, 1 full bath 1 half bath
Timothy Ho
Keller Williams Realty

NORTHWEST



SUNNYSIDE

Under \$500,000
59-11 Queens Blvd, Woodside
\$289,000
Co-op
1 bedroom, 1 bathroom
Won Jong Choi & Jio Hong
East Coast Realty

\$500,000-\$900,000
10-63 Jackson Ave, Long Island City
\$759,000
Condo
1 bedroom, 1 bathroom
Hua Xia
E Realty International

Over \$900,000 ↑
48-40 40th Street, Sunnyside
\$1,350,000
3-family colonial
6 bedrooms, 3 bathrooms
Therese Sharkley
Coldwell Banker M&D

SOUTHEAST



QUEENS VILLAGE

Under \$500,000
92-57 Gettysburg Street, Bellerose
\$478,000
1-family townhouse
3 bedrooms, 1 full bath/ 1 half bath
Hasmukh Shah
Laffey Real Estate

\$500,000-\$900,000
89-88 VanDerveer Street, Queens Village
\$565,000
1-family colonial. 3 bedrooms, 2 full bathrooms, 1 half bathroom
Gabriel Kashi
Keystone Realty USA ↑

Over 900,000
141-23 Hoover Ave, Briarwood
\$955,000
1-family. 3 bedrooms, 3 full bedrooms, 1 half bathroom
Inessa Rubinov
Exit Kingdom Realty

SOUTHWEST



MASPETH

Under \$500,000
89-43 88 Street, Woodhaven
\$470,000
1-family
1 full bathroom, 1 half bathroom
Vasant Raja
Wing Fung Home Realty

\$500,000-\$900,000 ↑
68-05 59th Rd, Maspeth
\$649,000
1 family
2 bedrooms, 2 bathrooms
Lisa Grassia
Exit Kingdom Realty

Over \$900,000
95-21 93rd Street, Ozone Park
\$1,198,000
2-family Victorian
6 bedrooms, 2 bathrooms
Luz Lopez
Century Homes Realty Group



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Matthew Adessa

Home Mortgage Consultant

Phone: 718-310-4311

Cell: 718-809-0353

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Astoria, NY 11103

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www.wfhm.com/matthew-adessa

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Cooley's Anemia Foundation honors NYCB boss

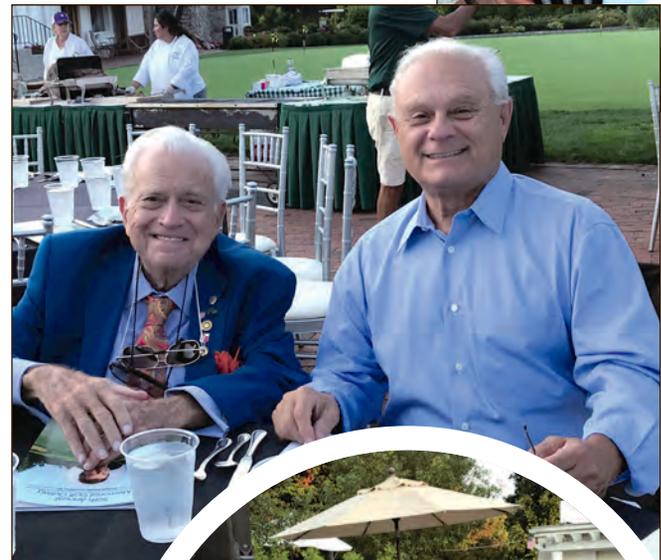
Joseph Ficalora, president and CEO of New York Community Bank, was recently honored for his contributions to the Cooley's Anemia Foundation Long Island Chapter during the organization's 50th annual memorial golf outing at Wheatley Hills Golf Club in Williston Park. Cooley's anemia (also known as thalassemia) refers to a group of genetic blood disorders that often require regular blood transfusions and other medical efforts to control the amount of iron in a patient's blood. The Cooley's Anemia Foundation not only assists those suffering from the illnesses, but also helps fund ongoing research to find a cure.



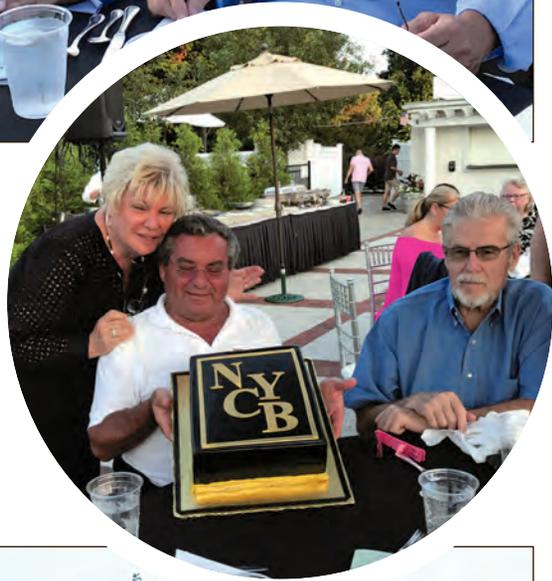
Joseph Ficalora (seated, at left) with members of the New York Community Bank Board



Georgianna Reese and Vinny Riso



Joseph Golia and Joseph Mattone



Mary Ann Mattone and Joseph Ficalora



Debra Markell-Kleinert, Roseann Capanegro, Mary Ann Mattone and Rosalie Golia





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DISPOSABLE CONTACTS

\$99

Includes:
EYE EXAM,
2 Boxes of Lenses

Encore Premium Brand Clear Spherical Lenses. Not valid for Toric lenses. Not valid with any other offers, sales, vision plans or packages. Must present prior to purchase. Offer valid at this location only. Offer ends: 9/15/17

NO-LINE BIFOCAL EYEGLASSES

\$99

Includes:
EYE EXAM,
No-Line Bifocal
Lenses & Frame

Select frame with select clear plastic no-line bifocal lenses +/- 4 sph., 2 cyl up to 2.50 add. Not valid with any other offers, sales, vision plans or packages. Must present prior to purchase. Offer valid at this location only. Offer ends: 9/15/17

VARILUX PROGRESSIVE LENSES

\$169 (No-line BiFocals) w/metal frame.

Select frames with clear plastic no-line lenses +/- 4sph, 2 cyl. not valid with any other offers, sales vision plans or packages. Must present prior to purchase. offer valid at this location only. Offer ends: 9/15/17

2 PAIR OF EYEGLASSES

\$99

Includes:
EYE EXAM,
Frames & Lenses

Select frame with clear plastic single vision lenses +/- 4 sph., 2 cyl. Not valid with any other offers, sales, vision plans or packages. Must present prior to purchase. Offer valid at this location only. Offer ends: 9/15/17



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